

Holy Family Sun 春暉集 2018 - 2019



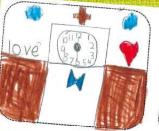


Hi! I am Chloe Choi. I am six years old. I am a nice girl. Nice to meet you. I live in Ho Man Tin with my parents. I like to eat ice cream.

My school is Holy Family Canossian School. I love my school. I study in Class 1A.

This is Miss Ng.

She is our Maths teacher, PE teacher and GS teacher. I love her!





Gemma Yuen 1A

I am Gemma Yuen. I am six years old. I am a girl. I live in Mei Foo with my parents.

My School My school is in Kowloon City.

I like my school.

My school is pink.

My Teacher

She is so nice.

This is Miss Ng. She is our PE teacher.



Michelle Li 1A

About Me

Hi! I am Michelle Li.

I am six years old.

I live in Kowloon City.

I like playing the cello.

My favourite food is ice-cream.

I love my father, mother and brother.

I like to eat ice-cream.

My School

I study in Holy Family Canossian School.

I love my school.

It is near my home.

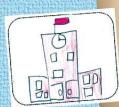
My Teacher

This is Miss Ng.

She is our PE teacher.

She is nice.







Beryl Wan 18

My name is Beryl Wan. I am from Hong Kong.

I am a girl.

I like to eat grapes.

I live in Sha Tin.

My hair is black.

My School

This is my school.

My school is white and pink

I love my school.

My Teacher

This is my English teacher.

She is so nice.

She has curly hair.

She is Miss Chow.



DD







This is my school. It is in Kowloon. It is near my home.

This is Miss Yim. She is our English teacher. She is nice.



Primary 1

Yannis Wong 18 About Me

Hello!

I am Yannis Wong.

My School This is my school.

My Teacher

She is nice.

It is pink and white.

This is Miss Chan. She is our English teacher.

She is wearing glasses.

It is big.

I am from Hong Kong.

I am a girl.

I am six years old.

I like chewing gum.

I like unicorns.

My School

This is my school.

It is in Kowloon City.

It is big.

It is pink.

My Teacher

This is Miss Chow.

She is our English teacher.

She has long hair.

She is nice.



I am Chloe Kian.

I live in Hong Kong.

I am six years old.

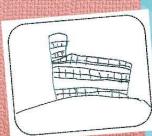
I am in Class 1C.

My school is big.

My school has many classrooms.

My teacher is Miss Yim.

She is nice.



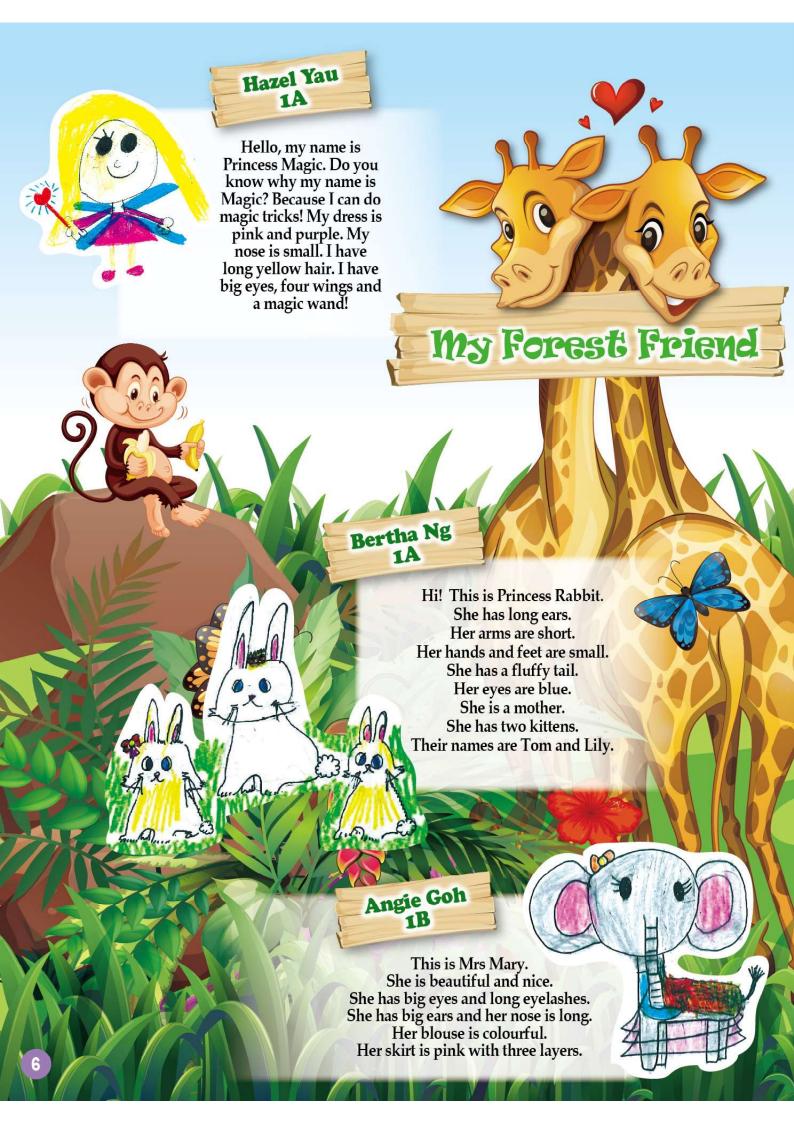


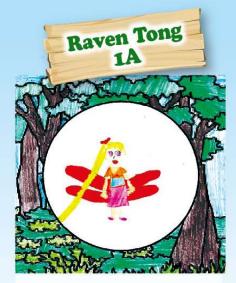












Hello! This is Princess Butterfly.
She has wings.
She has long hair.
She has big purple eyes.
Her blouse is orange and blue.
Her skirt is pink.
Her shoes are purple.
She can fly.
She likes flying with other butterflies.

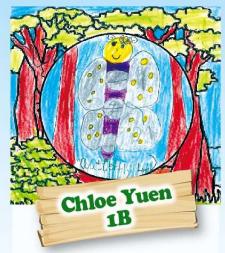
This is Lion Wan.
He is cute.
He has small eyes.
His T-shirt is red, orange,
yellow, green and blue.
His shoes are dark blue.
I love him.
He is my best friend!
He loves me too.



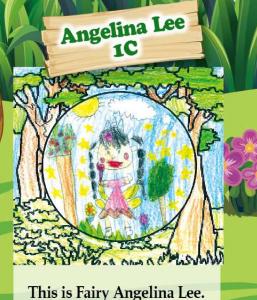
Beryl Wan 1B

This is Fairy Clarice.
She wears a crown.
She has long hair.
She has big eyes.
She has a big mouth.
Her dress is green, purple and pink.
She has a red hand bag.
She wears orange socks.
She loves colourful things.





This is Butterfly Lucy.
She is beautiful.
She has big eyes.
She has big wings.
She can fly.
Look at Lucy's clothes.
Her shirt is grey and yellow.
Her wings are grey and yellow too.
I love her very much!



She is beautiful.
She has small eyes.
She has four wings.
She can fly.
Look at Fairy Angelina Lee's
dress.
Her dress is pink and brown.
Her socks are white.

Serena Chow 1C

This is Fairy Sally.
She is beautiful.
She has big eyes.
She has two wings.
She can fly.
Look at Fairy Sally's clothes.
Her dress is pink, blue and yellow.
She has a magic wand.
Her boots are brown.

1A 袁瓔禎 快樂的一天

星期天,我們一家人到郊 外遊玩。我們在青青的草地上 野餐。

我們帶了一些大家都喜歡 吃的食物,有:牛排、雞腿、 蛋糕、麪包,還有汽水,大家 都覺得很可口。

吃飽後,媽媽照顧弟弟, 哥哥在看圖書,我抱着布娃 娃。我覺得很快樂。



1B 周藹烔

造句

仔

- 1.青青的草地像地毯。
- 2.彎彎的月亮像一根香蕉。

1A 劉倩瑜

看圖完段

星期天中午,我和媽媽到 公園遊玩。那裏有很多花,有 的是紅色的,有的是綠色的, 有的是白色的,十分美麗。

我們有的人在樹下看書, 有的人在踢球,有的人和小狗 一起玩球,非常快樂。

看圖造句

- 1.今天是陸運會,我和同學參加跑步 比賽,我們都得到獎牌,十分開心 啊!
- 2.星期天中午,弟弟做錯事了,媽媽 十分生氣,弟弟哭起來了。
- 3.今天,妹妹很乖,媽媽很開心,所以媽媽擁抱着她啊!



鈀

- 3.昨天中午,<u>小榮</u>把圖書、文具、手冊和功課放進背包裏。
- 4.媽媽生日那天,姐姐**把**一枝美麗的花兒送給媽媽。
- 5.小息時, 貪吃的小強**把**很多薯條放進嘴巴裏。

造句

1B 洪紫晴



- 1.在公園裏,花兒開得很美麗。
- 2.在遊樂場裏,小朋友們玩得很快樂。
- 3. 馬路上,一輛汽車開得很快。
- 4.每天早上,爸爸都準時到公司上班去。
- 5.星期二下午,叔叔和琪琪表姐到熱鬧的市集去買水果。

1C 韓己閱

造句

- 1. 今天晚上,我們一家人一起在酒樓吃晚飯。
- 2. 今天下午,我在花園裏快樂地放風筝。
- 3. 今天中午, 我們在課室裏唱歌。
- 4. 昨天早上, 我和同學在圖書館裏看圖書。



1C 温晞汶

造句

- 1. 今天早上,媽媽、我和妹妹一起到公園玩耍,我們真高興!
- 2. 今天早上, 哥哥和妹妹一起在沙灘上堆沙, 真開心!

供詞造句

跟着

今天中午,我**跟着**媽媽一起到圖書館看書。



Barbie Chan 2A

My friend is Jacey. She has one brother but she doesn't have any sisters. Her father is a clerk. Her mother is a clerk too. They all set the table and make the bed at home every day.

Jacey has big eyes and long hair. She is tidy and kind. She can sweep the floor and draw beautiful pictures. She can't play the violin or cello. She goes to school by MTR. Her favourite toy is a teddy bear. Sometimes she plays with me at school.

Elisa Leung 2A

My friend is Alicia. She has two sisters. Her father is a pilot. He flies planes. He hangs up the washing every day. Her mother is a housewife. She looks after the family. She sweeps the floor every day.

Alicia has a small mouth and long hair. She is intelligent and neat. She can skip and swim. She can't cook the dinner or make the bed. She lives in Kowloon Tong. She goes to school by bus. Her favourite animal is a bunny.



My friend is Constance Yeung.
She is a girl. She is seven years
old. She is short and thin. She
has long hair. She is kind and
funny. She can skip but she can't
swim.

She lives in Kowloon Tong. She goes to school by car. Her favourite animal is a rabbit.

She has got four family members. Her mother is a housewife. Her father is an engineer. Her mother sweeps the floor and her father washes the clothes at home.

My friend is Yuki Chan. She is a girl. She is seven years old. She has long hair. She is tall. She is honest and funny. She can dance but she can't sing.

She lives in Kowloon City. She goes to school on foot. Her favourite toy is a ball.

She has got three family members. Her father is a doctor. Her mother is a nurse. Her father mops the floor and her mother sweeps the floor at home. My friend is Cleo. She is a girl. She is seven years old. She has short hair. She is short. She is helpful and funny. She can sing but she can't swim.

She lives in Lai King. She goes to school by car. Her favourite book is 'Plants'.

She has got three family members. Her father is a policeman. He catches thieves. Her mother is a nurse. She looks after sick people. Her father sets the table and her mother waters the plants at home.

Coco Ngai 2A

My friend is Amy. She has two sisters. Her father is a bus driver. He drives buses. He clears the table at home. Her mother is a cook. She cooks food for people. She folds the clothes every Sunday at home.

Amy has big eyes and a small nose. She is hard-working and kind. Her exam result is good. She can draw and wash the dishes. She can't swim or skip. She lives in Sha Tin. She goes to school on foot. Her favourite book is 'My Little Pony'. And her friend is Sheren. I like Sheren too!

Jacey Fong 2A

My friend is Jovie. She has a sister. Her father is a boss. He works in the office. Her mother is a housewife. She sets the table and clears the table every day.

Jovie has big eyes and long hair. She is smart and funny. She can swim and run fast. She can't cook dinner or ski. She lives in Mei Foo. She goes to school by school bus. Her favourite book is Sherlock Holmes.



Angela Ngai 2C

My friend is Ellen Xiao. She is eight years old. She is in Class 2C. She has long hair, a pair of big eyes and a big mouth. She is cheerful and funny. She always tells jokes. She can draw. She can also play the violin. She can't play the piano or swim.

She lives in Ngau Tau Kok. She goes to school by bus or by MTR. She likes elephants, tigers, pandas and giraffes. She has got five family members. Her mum is a chef. She cooks for people. She also hangs up the washing at home. Her dad is a bus driver. He drives buses. He sweeps the floor every day. I am glad that Ellen is my classmate this year. She is a really good friend.

Heidi Chiu 2C

My friend is Kristy Leung. She is a girl. She is seven years old. She is in Class 2C. She has long hair and a pair of big eyes. She is funny, polite and clever. She always tells funny jokes. She can swim and ice-skate. She can't wash the dishes or cook.

She lives in Lam Tin. She goes to school by school bus. Her favourite animal is the dog. She has seven family members. Her mother is a nurse and her father is a doctor. They work in a hospital. They do not do any housework at home. I am glad that Kristy is my classmate. She is a really good friend.

Cheri Kam 2C

My friend is Pinkie Wong. She is seven years old. She is in Class 2C. She has long hair and a pair of small eyes. She is funny because she always tells jokes. She can dance and play computer games. She can't swim or play basketball.

She lives in Kowloon Tong. She goes to school by school bus. Her favourite animal is the unicorn. She has got seven family members. Her dad is an IT engineer. Her dad does not do any housework. Her mum is an executive. Her mum does not do any housework either.



Victoria Chan 2C

I have a pet. It is a dog. It has a long tail. It has a pair of eyes. It is big.

It has a pair of ears.

It has skinny legs.

It has a tiny nose.

It likes bones and pet food.

It can bark and swim.

It can't do homework or drive.



I have a dog. It is small.

It has a pair of small eyes.

It has a pair of big ears.

It has a long tail.

It has a big mouth.

It is brown and black.

It likes to eat bones.

It can run but it can't swim.

It is clever, cute and lovely.
I love my dog so much.



Rachelle Wong 2B

I have a pet.
It is a cat. Its name is Husky.
It is big and fat.
It has big eyes.
Its ears are big too.
It has a long fluffy tail.
It is black and white.
It likes to eat fish best.
It can run very fast.
It can't fly.

It is friendly, cute and lovely.



Gladys Lau 2A

I have a pet.

It is a cat.

It is small.

It has small eyes.

It has small ears.

It has short arms.

It has a long tail.
It has a small mouth.

It has a small nose.

It can walk.

It can't swim.

It is friendly.



It is a rabbit.

It is small.

It has small eyes.

It has long ears.

It has a small tail.

It has a big mouth.

It has small teeth.

It is white.

It can jump.

It can't walk.

It likes carrots best.







2A 梁芷羚

小松鼠摘松果

秋天快到了,小松鼠<u>光光</u> 來到河邊,想過橋摘松果。

小松鼠站在河邊,看見河水流得很急,心裏很驚慌,嚇得全身發抖。這時候,大熊<u>貝貝</u>來了,大熊<u>貝貝</u>安慰牠說:「你是不是想過橋呢?」小松鼠回答說:「是的,我想過橋,但是我十分害怕掉進水裏。」

於是,大熊<u>貝貝</u>慢慢地彎下腰,溫柔 地抱起小松鼠<u>光光</u>,牠們有説有笑地過 橋。這時候,小松鼠的心情才漸漸安定下 來。

牠們過橋後,小松鼠靈活地爬上樹上 摘了許多美味又甜美的松果,然後把松果 掉到地上給大熊。最後,牠們就一起高高 興興地分享松果,牠們都吃得津津有味 呢!

2A 農詩晴 生病記

上星期六,我生病了,我的頭很痛, 又感到暈眩,非常辛苦。媽媽説我昨天晚 上沒有蓋好被子,所以着涼了。

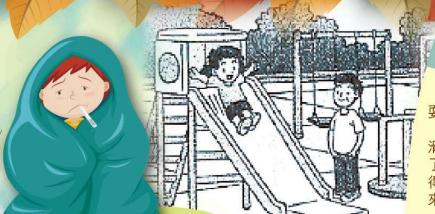
生病真辛苦,我以後一定會蓋好被 子,不再着涼。



前天早上,吃過早餐 我突然覺得有些頭暈,於是 便坐在綠 色的沙發上休息。

回到家裏,我仍然覺得不舒服,我便 去吃藥,然後,我走進了房間睡覺。第二 天,我感覺好了很多。原來,生病是很難 受的,我也很感謝媽媽照顧我。我以後也 要注意飲食,多休息,避免再生病。





2C 垄粕澄

生病記

今天,我生病了。因為 我昨天睡覺時,沒有蓋好被 子,所以我發燒,於是我告訴媽媽我發燒 了。

媽媽知道我發燒後便摸摸我的額頭, 發現熱燙燙的,急忙給我量體溫,然後帶 我到陳醫生的診所去。

來到診所,<u>黃</u>護士幫我量體溫,然後叫我坐在椅子上等候醫生診治。<u>陳</u>醫生對媽媽說:「她的病情不嚴重,不過要打針。」我心想:我真的不想打針呢!媽媽看見我緊張的神情,就摟着我説:「打過針,你很快就會退燒,不要怕!」<u>陳</u>醫生說:「不如你先吃藥,不用打針,依時吃藥。回家後,我吃過藥,就上床睡覺了。

生病的感覺真不好,我以後都會蓋好 被子,再不會不蓋被子了。 2B 關翠瑩

我受傷了

今天早上,我和爸爸到 耍。 公園玩

我看見長長的滑梯,便馬上走過去滑滑梯。當我滑下來時,一不小心就摔倒了。我的膝蓋流了很多血,我很害怕,痛得哇哇大哭。爸爸看見了,便立刻走過來,輕輕地拍拍我的肩膀,還對我說:「不要怕,我們回家吧!」説完,爸爸就彎下身子,温柔地抱起我,慢慢地走回家。

回到家裏,爸爸便替我塗藥水,再貼 膠布。我感激地對爸爸說:「謝謝您!」



星期六早上,我和爸爸到 公園裏玩耍。

我看見一座滑梯,便馬上跑去玩。當 我滑下來時,一不小心就跌倒了。我的膝蓋受傷了,我很害怕,痛得哭起來。爸爸 看見了,立刻慌忙地走過來問:「弄痛了嗎?要緊嗎?」我説:「我的膝蓋很痛啊!」爸爸抱起我説:「我們回家吧!」 我說:「好的!」

回到家裏,爸爸便替我塗上紅藥水, 還貼上膠布。我感激地對爸爸説:「爸 爸,謝謝您!」



Last Sunday was Mother's Day. Mary, her friends and her family went to a five-star luxury hotel.

First, Mary's father checked in at the counter. Then they went to their hotel room and decorated it. Mary's friends felt excited.

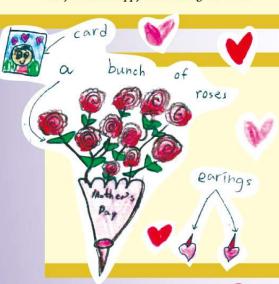
The party started and they ate the cake. Mary gave a present to her mum and she burst into tears of joy! Suddenly, Tom dropped his ice-cream on the floor and started to cry. Everyone stopped and stared at Tom quietly. Mary's mum broke the silence, "What happened, Tom?"

"I d.....dr.....dropped my ice-cream!" Tom stammered.

"It's okay, Tom. I will give you one more piece of cake. I think you will feel better," Mary's mum said.

"Thanks for the cake," Tom said.

Everyone was happy and had a great time.



Teresa Ng 3B

It was Mother's Day, the second Sunday of May. Mary wanted to celebrate it at home. Mary and her family decorated the house and bought some party food. Mary's family were excited. Mary's cousins came to the party with their parents. Mary's grandparents came too! Mum got some bookmarks from Mary's cousins and a vase from Mary. She was very happy.

Unfortunately, Mary's cousin, Lawrence, dropped his ice-cream onto the floor. Mum needed to clean the floor again. She felt terrible.

In order to cheer Mum up, Dad said that he would buy a diamond ring from a special place. Mum was tired but happy at the end.

Kristy Lai 3C

Yesterday was Mother's Day. Mary's family went to a hotel for a party. They bought a strawberry chocolate cake and some presents. They were all excited. They also decorated the room with some colourful balloons.

Suddenly, Mary's brother dropped his ice cream on the floor. He was frustrated. Mary comforted her brother by sharing a slice of cake with him. He was glad and finished the cake quickly. Grandpa was playing happily with Mary's little brother. Mary's dad ate three slices of cake and he was so full. Mum unwrapped her present. It was a box of chocolates and she loved it. All of them enjoyed the party very much. At the end, Mary cleaned up the place by herself. She was so tired and exhausted.



My Favourite School Event

Anya Lee 3A

My favourite school event is the school picnic. It is in autumn and usually takes place in a country park.

I like the school picnic because I can do some outdoor activities. I enjoy skipping, running and playing badminton with my friends.

I can breathe fresh air and see a lot of plants. It makes me feel comfortable and relaxed. The school picnic is really a good school event.

Jasmine Chong 3B

My favourite school event is the school picnic. The school picnic is on the seventh of December. We go to Wu Kwai Sha Youth Village.

We go there by coach. I like the school picnic because I can take a lot of snacks and I can share them with my classmates. I like playing table tennis with my classmates too. It is very exciting.

Haylie Lau 3C

My favourite school event is the school picnic. We have the school picnic once a year. The school picnic this year is on 7th December. During the school picnic, we eat and play with our classmates.

We have our school picnic in the countryside. It is beautiful because there are a lot of trees and flowers. I like the school picnic because we can play with our classmates. On that day, we don't need to do homework. Hurray! I wish we could have the school picnic more than once a year.





The Last Day of the Second Examination

Hazel Wan 3A

5th March (Tuesday)

Weather: Sunny

Today was the last day of the second examination. I was happy because I could have lunch and play with my friends after the examination.

Mum drove me to school that morning. She saw that I was nervous about the examination. So, she talked about the trip to Disneyland with Anya and Hailey the following Sunday. This made me feel relaxed and excited.

After I went into the classroom, I felt a bit nervous but I tried my best to finish the examination paper. Luckily I knew all the answers.

After the examination, my friends and I had lunch in a restaurant. We chatted with each other and ate a lot of delicious food. We were full and happy. Then, we went swimming at the beach. Anya and I swam happily in the sea. Hailey and Marika built a sandcastle together. We played a lot of games. We had lots of fun and we were satisfied too!

It was a memorable day!



Today was the last day of my second examination. I had Chinese Listening and General Studies examinations. I was so nervous because I didn't prepare well. Luckily, the paper was easy and it only took me twenty-five minutes to finish it. When the teacher said, 'Pens down!' I was very happy and excited. My heart was as light as a feather.

After school, I went to Super Park with all of my friends. It was big. We played ball games and sang loudly together. I felt super happy because I hadn't played like this for so long.

After that, I went to eat dinner in the evening with my family. We ate fish, pork, mushrooms and ice-cream. When we went home, I felt so full and happy.

Jacey Lam 3C

Weather: Cloudy

5th March, 2019

When I got up that morning, there were a lot of clouds in different shapes in the grey sky outside the window. I felt excited because it was the last day of the second examination and I could play with Hailey Tsang, Charlette Lam and Sherman Wang at Charlette's home after the exam. Mum made me my favourite bread with jam but I could not finish it.

When I walked into the classroom, I was feeling very nervous because I was not good at General Studies.

When the exam started, I was super worried. I wrote the words slowly one by one as I was scared that I would make careless mistakes. However, I still didn't know how to spell some of the words.

After the exam, Charlette, Hailey and I needed to stay at school to practise for the singing contest.

After practice, I was cheerful as I could go to Charlette's home to play.

In the afternoon, we arrived at Charlette's home. Hailey, Charlette and I waited for Sherman to come.

When Sherman arrived, we had lunch together. Then, we also played with water balloons in the bathroom. We were overjoyed.

That evening, we danced together in the living room. We felt delighted but I also felt a bit disappointed because I could not have dinner with Charlette and Sherman.



一件錯事

3A 李柏柔

在二年級的第二次考試前,我和哥哥在家裏溫習,媽媽吩咐我說:「你去做數學練習!」我便走到房間,開始做練習。可是我有很多題目不太懂,又不想媽媽失望,便拿走書架上的答案紙來抄答案。

我寫啊寫,終於寫好所有答案。我把答案紙放回書架上,可是我沒想到原來我沒有把答案紙放回正確位置! 我很害怕,幸好我把所有題目的答案也抄好了,便鬆了一口氣。這時,我聽到媽媽的腳步聲。

媽媽看到答案紙不在原位,她對我說:「你是否作弊了?」我立刻搖搖頭。媽媽坐在我的椅子上,看到所有題目也沒有直式,便對我說:「你有沒有作弊?」我很害怕,低着頭說:「對不起,爸爸媽媽,我作弊了。」媽媽生氣地撐着腰說:「你真是太過分了,李柏柔!」爸爸失望地皺着眉頭,說:「你為何要作弊呢?」哥哥也生氣地指着我說:「你不應該作弊的!」

結果,媽媽罰我考試前也不能吃零食,還不能跟心愛的玩偶睡覺。這次的經歷令我很內疚,我明白到遇到不懂的問題可以問爸媽,不應抄答案。希望媽媽快點息怒吧!

愛嘲笑別人的哥哥

3A周以臻

人人都說哥哥和姐姐很懂事,懂得照顧 弟弟和妹妹,我的哥哥卻和其他人不同。雖然 他的外表好像很乖巧,但他不但愛嘲笑別人, 還沒有同理心,我非常討厭他。

每次看到哥哥在玩電子遊戲,就令我回想 起小時候的一件往事。一次,我不小心在家裏 撞到了牆角,痛得哇哇大哭起來。哥哥看見 了,就得意地指著我捧腹大笑,說:「哈哈!你 跌倒了!你跌倒了!」我聽到哥哥的話,不禁淚 流滿面。哥哥看見我哭得更厲害,就開心地說: 「笨蛋!妹妹是笨蛋!我不會跟笨蛋玩的!」

這時,媽媽湊巧經過看到,就撐著腰憤怒地 對哥哥說:「你不應該嘲笑妹妹的,快跟她道 歉!」

最後,哥哥只好聽從媽媽的話,不服氣的跟我 説對不起。爸爸也整天都不理會哥哥。

哥哥這種愛嘲弄人的性格太讓人討厭了,所以 我和他的關係也不親密。我覺得他非常沒有同理 心,期望他儘快改掉這個壞習慣。

知錯能改的妹妹

3B 吳宛潼

我的妹妹是一個知錯能改的小孩,她每次做錯事,都會承認錯誤,也會改過!

有一天,我和妹妹一起玩皮球,玩完皮球後,妹妹說:「我們玩追逐遊

戲好嗎?」我説:「不好,我們畫畫吧!」「我要玩追 逐遊戲!」她説。

這時,媽媽從廚房跑出來説:「你們怎麼了?為甚麼 吵架呀?

我們便把事情一五一十地告訴了媽媽。她便對妹妹 說:「姊姊不讓你玩追逐遊戲是怕你會受傷,不是想欺負 你呀!」妹妹傷心地哭起來,我便上前安慰她。媽媽轉頭 向我說:「你下次可以解釋給妹妹聽,她便會明白你不 是在欺負她,而是在保護她。」媽媽說得真有道理。

妹妹明白事情的真相後,便急忙上前向我道歉。 我説:「不要緊,只要你明白道理便行了。」

妹妹不愧是一個知錯能改的小孩。其實我們 做事只要知錯能改,就必定學到更多新的知 識。



參加運動比賽

3B 莊肺晴

上星期三,學校在九龍仔運動場舉行了一年一度的運動會。老師選了我代表三乙班 參加四百米長跑的比賽項目,我感到十分興奮。

自從我被老師選做代表參賽後,姐姐每天大清早都會陪我練習跑步,初時我感到很累,亦想過放棄,她鼓勵我說:「做事要有恆心,不要輕易放棄,要付出才有收獲。」我聽了她這番說話後,我便提起精神練習。經過這段時間,我的信心和跑步技巧也提升了。

到了正式比賽的日子,我的心情既興奮又緊張。當我聽到發令員的訊號時,我便提 起雙腿直奔向終點,其他參賽者也像箭一般勇猛地向前衝。很快我便跟其他參賽者拉開 一段距離,在後面的參賽者亦不放棄地向前跑。快到終點的時候,我聽到問圍的同學在 大聲吶喊:「加油!加油!」在那一刻我用盡全力拔腿狂奔地向前跑,直衝向終點。

最後,我得了季軍,能夠為我班爭取這個榮譽,我感到十分榮幸和自豪。經過這次 比賽,我學懂要付出努力,才有好成果,我希望明年的運動會,我能夠有更好的成績, 為我班再次爭光。



參加運動比賽

3C 余人彬

今天是學校的運動會·我在運動場的座位上等待著·我參加了跑步比賽。由於我是三號選手·很快便要進行比賽·所以我的心情非常緊張。這時·我聽到很多呐喊聲。教練說:「你現在先快點去洗手間吧!」

快輪到我了,教練叫我先做熱身運動,這樣才不會在比賽中受傷。但是,我竟然忘記了!還有十分鐘就要開始比賽了。突然,教練問我:「你做完了熱身運動嗎?」我說:「對不起,我仍沒有完成。」教練一邊歎氣,一邊心想:這個小孩真健忘啊!他又搖了搖頭。於是,我對他說:「不用擔心,我會表現得很好的!」我自信滿滿地說道。

比賽開始了,我聽到槍聲一響,我就像利箭一樣衝出起點。但是,我看到其他選手一個接一個地超越了我!我便使勁地拔腿狂奔。大家你追我趕,各不相讓。我邁開長腿,愈跑愈快。但是,我也追不到其他選手。我感到很慚愧,因為我花了很多時間來練習,但卻沒有成果。最後,我像獵豹一樣向前飛馳。我對自己說:「不用怕,我一定會贏的!」

比賽過程中,大家都動作純熟,一舉手,一投足,都得心應手。我聽見歡呼聲,便打起精神,拼命向前跑。最後,我得了第三名!我很開心我終於進入了決賽。

經過這次比賽,我明白了不要在比賽中輕易放棄。如今我得了第二名,希望之後還有機會得到第一名,因為失敗是成功之母呢!



5天是媽媽的主日

3C 黃樂知

今天是媽媽的生日,我和家人準備給媽媽一個驚喜,就是幫媽媽做 家務。

首先,我們叫媽媽去逛街,待她出門後,我們就開始打掃。我負責掃地,妹妹負責抹桌子,哥哥負責抹沙發,膽子大的姐姐自告奮勇地說:「我負責燙衣服!」外公則負責餵金魚。

我拿起掃帚便開始打掃地面,妹妹也和我一樣,一拿起抹布,把它弄濕就開始抹桌子。她這邊抹抹,那邊抹抹,真勤勞!哥哥也開始使勁地抹沙發。外公餵魚的時候,看到魚兒們爭著吃食物時,他情不自禁地說:「魚兒真可愛!」

媽媽回來後,看到家裏乾淨的樣子,她很感動,她說:「原來你們叫我去逛街,就是為了給我做家務,謝謝你們!」看到媽媽開心的樣子,我們也滿足地笑了。

看著整潔的家,心情也舒暢了不少。希望下次也可以在家進行「大掃除」呢! 我也經過這次「大掃除」的活動,學會了分工合作是多麼的重要!





my Childhood memories

Hazel Chow 4A

I was stupid when I was small. I can still remember the silly things I did. My mum always tells me that I was so funny.

When I was three years old, my mum and dad went to a shopping mall for lunch one day and after we took a walk. At the beginning, I walked for ten minutes. My shoelaces were loose. My mum didn't notice so I tied my shoelaces by myself. Oops! I tied both pairs of my shoelaces together. It made it hard to walk. My mum saw that and she laughed. After that, we went to a restaurant for dinner. I was hard to walk. My mum saw that and she laughed. After that, we went to a restaurant for dinner. I was very hungry. When the food was ready, I ate as fast as I could. I ate all of my food. I found that I had used my mum's spoon to eat by mistake. I felt so embarrassed.

I looked at all the photos that my dad had taken. I felt so happy because I have a lot of unforgettable childhood memories.

Ophelia Lau 4B

Hello! I am Ophelia Lau. When I was small, I had a round face, a pair of big eyes, a small nose, a pair of small ears and a small mouth. I was fat. My mum called me Ji Ji.

I could draw ugly pictures, eat with a spoon and walk by myself. I couldn't get dressed, tie my shoelaces or comb my hair by myself.

When I was two years old, I did some embarrassing things. One day, I put my left shoe on my right foot and put my right shoe on my left foot. Another thing was that I used my mum's toothbrush to brush my teeth. After I used it, I put it into the toilet because I didn't know where I should put it. Then my mum found that it was in the toilet!

Now I can do the things that I could not do before.

Nessa Leung 4C

I have many happy childhood memories. When I was two, my sister was born. My sister was the cutest baby in the world. I helped change my sister's diaper and bath her. I also taught her how to say 'Mama' and 'Papa'. She was very intelligent because she learnt very fast. We had many memorable moments together. But I will never forget the following experience.

When my sister was one year old, she suddenly had a high fever! Mum rushed to the hospital with my sister. The doctor said that she needed to do some tests and so my sister was admitted to the hospital immediately. She stayed there for three days. It was the first time we were separated since she was born. I was so worried, I cried many times.

When she finally recovered and came home, I was so relieved. From this experience, I realized that I love my sister very much. It was really an unforgettable memory.





My super classmate is Hazel Chow. She is nine years old. She is slim and tall.

She is the most caring student in our class. She always visits the elderly and raises funds on Flag Days. Once I accidentally fell down the stairs and she pulled me up and comforted me. In our class, she is the most hard-working student as well. She does revision for six hours every day and finishes all her homework at school.

I am glad to be in the same class with Hazel this year. I wish to be a good friend of hers in the coming years too.

Rani is my super classmate. She is the most helpful classmate in my class. She is nine years old. She has big eyes, a small nose and a small mouth. She also has long eyelashes and long eyebrows. She is short but thin.

I think she is the most helpful classmate because she always teaches me how to do homework when I don't know how to do it and she always helps the teachers to carry the books back to the classroom.

Rani is my best friend. At recess, we always chat, eat and play together. And now, she is the super classmate in other classmates' eyes as well because she gets great marks in English dictation.





My super classmate is Wendy. She is nine years old. She is fat. She is taller than me. She has small eyes and a big mouth. Her hair is longer than mine.

Wendy is the most hard-working girl in my class. Her favourite subject is Chinese. She likes doing revision so she always gets full marks in the exam. She does revision for four hours every day. She can read two books within one day. Wendy is very patient too. When I don't know how to do something, she will teach me.

Wendy is my role model. I hope, one day, I can be as hard-working as she is. I also hope that I can be friends with Wendy forever!





Once upon a time, a king lived happily with his daughter, Princess Judy, in a kingdom. One day, the king found his daughter had slept all day. Then he went to her room and said to the servants, 'My daughter is ill. Get the doctors as fast as you can!'

The servants called all the doctors in the country but no one could help. The doctors said, 'Sorry, we can't help!' The king was very disappointed.

One day, a prince from another country came. The prince said, 'Let me try. I can help.' The king promised him that if he could cure Princess Judy, he could marry her.

The prince called the servants to take some water and salt. Then he put the salt and some magic powder into the water and gave it to the king. The prince said, 'This can save Princess Judy. You just need to put it on her bed and wait for two weeks. Then she will wake up.' The king was not sure if it would work but he still did it.

Two weeks later, Princess Judy woke up and said, 'Dad, I feel much better. But why?' The king smiled, 'Because a prince saved you.' At that moment, the prince came into Princess Judy's room and he asked Princess Judy, 'Will you marry me?' Princess Judy nodded and said, 'Yes!' They all felt happy.



Raina Shih 4B

The Flower which Saved the Princess

Once upon a time, there lived a king and a princess. One day, the princess was sick. The king was worried and cried all the time. The citizens in the kingdom were sad too because their beloved princess was ill.

The king found some doctors but they couldn't help either. They even said the princess would die soon. The king was sad and worried. He was angry with the doctors. He put them in jail. Then a prince from another kingdom came. He said he could help and he knew how to save the princess. There was a medicine but it was far away on a snowy mountain. The king told him if he failed, he would kill him or chop his head off. The prince promised he would come back with the medicine. Then the prince set off to find the medicine.

When he got to the mountain gate, there was a big lion there. The lion saw him and said, 'If you want to enter, you have to answer a question.'

Then the prince asked, 'What is the question?'

'What kind of things are better than gold?' asked the lion. Then the prince thought about it but at first he didn't know the answer. Suddenly, he said, 'Friendship!' After that, the lion let him enter.

Then he went up the snowy mountain. There was snow everywhere. The prince was brave and he wasn't afraid at all.

After a while, he found the medicine - the beautiful flower. It was so beautiful. The prince picked the flower and went back to the castle.

When he arrived at the castle, he made the medicine. After the princess drank it, she felt better. She thanked the prince and hugged the king. The king was so happy and the citizens were happy too.

After all this, the king let the princess marry the prince and they lived happily ever after.



Oceana Chan 4C

Once upon a time, there lived a pretty princess and a handsome king who lived in a golden palace that only rich people could live in. The princess always wore the same dress every day because it had a tiny red ruby on it. One day, she wore the same dress and went to the forest. She played for a long time. After she went home, she didn't change her dress and hopped on her bed to sleep. After that, she felt different and slept all day. The king was so worried that he called some doctors to come to the palace. They tried to help the princess. However, the doctors came and told the king that they couldn't help the princess because they had never seen a rare case like that before. The king was furious at the doctors since they were famous doctors in the country.

Two days had gone by but nothing was changed. The king finally decided to ask the servants to post a notice to announce that whomever could cure the princess would be rewarded with a thousand gold coins. When the prince saw the notice, he quickly ran to the palace and promised the king that he could cure the princess. So, the king took him to the princess' room. First, the prince checked her temperature. Then, he walked around her room and checked everything. Nothing was wrong. Finally, he sniffed the princess closely and she stank like a skunk.

He told the king, 'If you change her clothes, she will be cured.' So the king asked the servants to change her clothes as quickly as possible.

Subsequently, the princess woke up a few minutes later. Everyone in the room was so surprised that the prince was able to cure her so easily. Although the prince was proud of himself, he still told them the secret of healing the princess. According to the prince, the forest was full of poisonous germs and these germs made a stinky smell. Since the princess didn't change her clothes after going to the forest, that was how all the germs went into her body. Once they changed her clothes, the germs went away so she was healed quickly.

In the end, the prince got a thousand gold coins in return. The princess was so glad that someone had saved her. She learned that she needed to keep herself clean. Eventually, she promised the king that she would change her clothes and take a bath every day.

寨城公園遊記

4A 陳額

今天,友校的老師們到訪本校,學校邀請我們一班四年級同學陪同客人們遊覽學校附近的著名景點——九龍寨城公園,於是我們便浩浩蕩蕩地去遊覽公園去。

一來到公園便是大門了。大門兩旁的石門分別刻着「九龍寨城」四個大字,使大門顯得莊重威嚴。我看見大門旁邊有一群小學生一邊走,一邊專心地聽老師講解公園的歷史,十分認真。穿過大門,映入眼簾的是一座宏偉的大石碑,碑上刻有密密麻麻的文字,卻排列得井井有條,像在告訴人們這裏的歷史。在石碑旁邊還有很多芳香四溢的盆栽,令人陶醉。

沿着小徑走,就是衙門了。衙門採用了簡潔的裝飾,門上面可見刻着一些英文字母。門的兩旁有一對石對聯。衙門的兩側放置着兩座黑黝黝的炮台,它們循如兩個盡忠職守的守衛者,寸步不離地守護着衙門。參觀衙門的人絡繹不絕,有的參觀交流,說說這裏的歷史;有的在拍照,留着這美好的景色;有的在

說笑,討論這裏的景色,自得其樂。

再向前走,便來到童樂苑了。映入眼簾的,就是 在路旁陳列着以青白石雕琢而成的十二生肖雕像,造 型栩栩如生,雖然它們經過數十年的風吹雨打,但是 絲毫無損,而且十分潔白,還有翠綠的小草襯托着, 非常優雅。我一來到童樂苑便急不及待要爭着跟我的 生肖雕像拍照呢!

此外,今天的太陽十分燦爛,葉子隨風飄動,好 像在歡迎我們來童樂苑參觀似的。放眼遠望,遊人三 五成群,有的小朋友在嬉戲,有的老年人在談天,有 的少年在拍攝影片,十分熱鬧。

當我們快要離開時,我有點依依不捨。我認為<u>九</u> <u>龍寨城公園</u>不但是一個歷史悠久的地方,而且令人回 味無窮、流連忘返。我希望友校的老師喜歡今天的行 程吧!

48 陳琳俞

有一天,友校的老師到訪<u>九龍城</u>,學校邀請我陪同客人遊覽<u>九龍寨城公園</u>。

一直向前走,到了衙門,這裏充滿古色古香的味道。衙門是一座具有<u>中國</u>特色的建築物,採用簡單樸素的裝飾。衙門兩旁是一對歷史悠久的石對聯和炮

台,黑黝黝的炮口一致向外,雖然它常遭受風雨摧殘,但也一步不移,守護衙門,就像兩座堅不可摧的堡壘。衙門包含展館,展館裏佈置古色古香,展示了以前九龍城的面貌,參觀的人絡繹不絕。

沿着光明巷走,拐一個彎,拾級而上,便到了邀山樓。在這裏,我看見顏色鮮艷的花朵,造型別緻的建築物。這時候,有的鳥兒在飛翔,有的鳥兒在唱歌,有的鳥兒在休息。除了鳥兒之外,我看到有的人在要太極,有的人在拍照,有的人細心觀賞周圍的環境,大家都想留住美好的回憶。

經過這次遊覽<u>九龍寨城公園</u>,我決定要繼續好好 愛護這些歷史文物和建築物,讓下一代也能觀賞到這 個美麗的地方。



寨城公園遊記

40 黃思淇

上星期天,我帶友校的老師到<u>九龍寨城公園</u>遊 覽。

我們來到<u>九龍寨城公園</u>的時候,首先映入眼簾的,就是刻有四個大字的兩座石門。它們雖然舊園,但還是像兩個士兵一樣矗立在那裏守護着公園,但還是像兩個士兵一樣盡立在那裏守了。在獨學人們,一次不會一個一些花草,它們散發出香氣。此外,我還看則一吹來,它們就會向人彎腰敬禮。此外,我還看見一吹來。在石碑附近一邊開心地談天,一邊悠開地一一邊大學。

經過大門後,我們沿途往前走,便來到了衙門。 在那裏,我看到了黑黝黝的炮台,它們像看門狗一樣 看守着衙門。我繼續向前走,就到了展館。那裏有很 多陳舊的家具,遊人可以在兩側的展板上看到舊時九 龍寨城居民的生活點滴。我看見衙門大門前有兩至三 個遊人靠着景物拍照,也有一些人在觀看展館裏的展 板,有些人則站在一旁,默默地感受肅穆的氣氛。

參觀完<u>九龍寨城公園後</u>,我有點依依不捨。寨城公園古色古香,很受人們歡迎,因此,我希望能再來這兒遊覽。

錯誤的決定

4A 陳詠稀

上個月,爸爸在公司的大抽獎中抽到一部手提電話。由於我的考試成績很好,於是他將自己正在用的新型號電話送給我。我心裏喜滋滋的,興奮地想道: 上學時,我便可以拿給同學看看我的新電話了。

星期一上課時,我便和同學說:「明天我會帶一 部新型號的電話給你們看。」

星期二時,我忽然想起老師說過校園內不可使用手提電話,一經發現,就被收去手機。我在猶豫:如果我不拿手機給同學看,他們可能會說我撒謊,並質疑我根本沒有新電話;但如果我拿出手機給同學看,可能會被老師發現,甚至要記缺點。我思索了片刻,於決定拿出手機來給同學看。於是,我和同學約定在午息時,到一樓洗手間的其中一個廁格裏看我的新手機。

午息到了,我將手機放進食物袋裏,以免被老師或其他同學看見。然後我在廁所裏等了一會,直到大家到齊了,我們便擠進一個廁格裏。我一拿出手機,同學們就搶着手機爭先恐後地說:「先給我看看

吧!」這時候,洗手間的清潔阿姨覺得廁格內那麼嘈吵,就忍不住敲門大喊:「同學,你有沒有事?你感到不舒服嗎?」她說完後,我們沒有人敢回應。她再說道:「快點出來吧!」

忽然,<u>志明</u>開了門鎖,清潔阿姨就推開了廁所的門,我趕不及把手機收起來。阿姨發現我拿着手機,便告訴我們的班主任陳老師。陳老師知道後,狠狠地責罰我們。她生氣得怒火中燒,指着我們說:「這個月的第一個小息,你們全部要在教員室門外罰站。」

聽罷,我很後悔,想道:這件事都是我的錯,我不應該帶手機回校。我感到很慚愧,一邊哭着,一邊 誠懸地和同學們道歉:「這是我的錯,對不起!請你們原諒我吧!」同學紛紛說:「我們不會責怪你的。」

我終於明白到做錯事,是會給人懲罰的。這個錯誤的決定令我感到很慚愧。我決定以後都會遵守校規,做一個乖巧的好孩子,不做違規的事啊!





4B 劉綽婆

今天早上,我碰到了一個大難題……

中文課上,陳老師突然跟我們說:「還記得你們昨天回家做的小練筆嗎?今天,我會選幾位同學的文章跟大家一起欣賞一下。」然後,老師點名叫了小偉,他緩慢地站起來,支支吾吾地承認自己沒有完成,陳老師生氣極了,老師還責罵了他一頓。

此刻,我很清楚知道,因為我昨天只顧着玩,沒有完成功課。我心裏猶如熱鍋上的螞蟻,急得不知所措。我心想:我感到很緊張,如果我說謊的話,老師那雙兇惡的眼睛可能會像釘子一樣盯緊我的臉。或許我應如實告訴老師,他可能不會責罵我的。這時候,我舉起

手,接着便站起來,誠實地說:「對不起,陳老師!我昨天只顧着玩,忘記了做功課,求你原諒我吧!」老師聽到了,說:「沒事,知錯能可就行了。」我坐下後,嘆了口氣,心盡慶幸的說:如果我說謊的話,被老師識穿謊言,也想字去老師對我的信任,甚至會被老師罰留堂。幸好我沒有選擇說謊。從今以後,我不會只顧着玩而不做功課,我明白做事要專心致,我決定不再懶惰。

從這次事件中,我感到非常後悔,如果我能專心地做功課,這件事就不會發生了。我明白做事必須要專心致志,我盼望我以後都能專心地做事。

40 梁若羚

中文課上,陳老師請同學們分享昨晚寫的小練筆。我清楚地知道自己昨天因為玩遊戲機,所 以沒有完成功課。

 老師真相,老師可能會原諒我,甚至稱讚我是個 好孩子。我還是如實把事情告訴老師,並請求她 的原諒。

於是,我走到老師的旁邊,慚愧地說:「對不起,老師!我沒有完成功課。」老師嚴肅地盯着我,語氣沉重地說:「你下次不要再這樣了,這次我就不責罰你!」聽到老師這樣說,我頓時鬆了一口氣。

我感到非常後悔,我明白到要好好地安排自己的作息時間,並決定以後要做好自己作為學生的本分。



An Unforgettable Trip to Hong Kong

On the first day of the trip, Cathy and I went to Stanley Market by bus and went shopping together. There were a lot of visitors from different countries. Some exquisite souvenirs attracted Cathy's eye. She bought a couple of accessories and T-shirts for souvenirs. She was pleased and said, 'Excellent quality and reasonable prices!'

In the afternoon, we went to Ngong Ping by bus and we rode on the cable car, Ngong Ping 360. First, we had vegetarian food in Po Lin Monastery. Then we went to the Big Buddha where we had to climb we had vegetarian food in Po Lin Monastery. Then we were glad to visit this remarkable tourist over two hundred steps! Although we were exhausted, we were glad to visit this remarkable tourist

The next morning, Cathy and I went to Hong Kong Disneyland. We spent all day playing a few games because there were lots of tourists so we needed to queue up for an hour for every game. After watching the fireworks, Cathy and I went to Central by taxi and we reached the Peak by the expensive Peak ing the fireworks, Cathy and I went to Central by taxi and we reached the Peak by the expensive Peak ing the fireworks, Cathy and I went to Central by taxi and we reached the Peak by the expensive Peak ing the gravity of Hong Kong but it was crowded too. We were tram. When we arrived, we saw the marvellous night view of Hong Kong but it was crowded too. We were surprised. Cathy said, 'That's unbelievable!' After that, we went to a restaurant and had a delicious meal. Cathy was delighted with this trip because she saw lots of beautiful views of Hong Kong and had an enjoyable time with me.





Last Sunday, my cousin Cathy, who lives in Sydney, travelled to Hong Kong.

After arriving at the airport, we went to Stanley Market. We wandered around the market. I chose a printed T-shirt. Cathy picked a pair of earrings and a key chain as souvenirs. It was so crowded that we had to line up in the checkout queue for an hour.

Next, we visited the Big Buddha. We climbed more than two hundred steps and we sweated a lot after reaching the top of the Buddha. We took many photos with the enormous statue. Then, we rode on Ngong Ping 360 to go back to Tung Chung.

We went to Hong Kong Disneyland by MTR. We enjoyed different exciting rides, such as Grizzly Gulch and Space Mountain. We had pictures with our favourite Disney characters like Mickey Mouse and Marie, the cat, as well. At night, we watched the spectacular fireworks display.

Lastly, Cathy and I enjoyed looking at the view between Tsing Ma Bridge and Hong Kong Island on the observation deck. The glow of lights from buildings was fantastic.

After the trip, we were contented but exhausted. Cathy was excited to visit Hong Kong in the future again.

Angle Lee 5B

Last weekend, I was happy because my pen-friend Cathy came to Hong Kong and visited me. It was amazing. To make her trip unforgettable, I took Cathy to Stanley Market on the first day. It is a famous place. We loved it very much. We walked down the main road and went shopping. There were many different shops. Some sold T-shirts and some sold gorgeous souvenirs. There were many people from different countries shopping there too!

On the next day, I took Cathy to the Big Buddha on Lantau Island. We climbed more than 200 steps to reach the Buddha and we felt very tired after. We prayed and took photos with the Buddha. In the afternoon, we went to the Po Lin Monastery and had vegetarian food. Although we didn't eat any meat for lunch, we were still very full.

On the last day of our trip, we went to Hong Kong Disneyland by MTR. We spent the whole day there. The games were

spent the whole day there. The games were exciting! We played on some roller coasters. We played more than four times and we raised up our hands on every ride. We took photos with the Disney characters too! It was lots of fun! I wanted to keep playing but we had to go hame!

After the three-day trip, we were very sad because Cathy was going back to Australia the next day so I would miss her. However, we will keep in touch and I hope I will be able to visit her one day.



An Unforgettable Trip to Hong Kong



Last week, Cathy came from England. She wanted to visit some famous places in Hong Kong, so I planned a 4-day trip for her. On the first day, we went to Stanley Market. We bought some beautiful planned a 4-day trip for her. On the first day, we went to Stanley Market. We had a relaxing day. souvenirs and clothes for our parents. We had a drink and a meal in a restaurant. We had a relaxing day.

Next day, we went to Lantau Island. We took the Ngong Ping 360 cable car to the Big Buddha. Cathy was excited because she had never ridden on a cable car. We enjoyed the beautiful view during that 25-minute ride. Then, we walked around Ngong Ping Village and climbed more than 200 steps to reach the Big Buddha. We took photos in front of it. After that, we visited Po Lin Monastery and had a vegetarian Big Buddha. We took photos in front of it.

lunch there.

On the third day, we visited Hong Kong Disneyland. We played some exciting games and watched a Wonderful parade. We also took photos with Mickey and Minnie. At night, we watched the fantastic wonderful parade. It was really amazing!

On the last day, we went to Sai Kung. We did a lot of water sports and swam at the beach. We also played with a beach ball and built a sandcastle. At night, we had dinner in a restaurant. We ate a lot of delicious seafood. After dinner, we celebrated Cathy's birthday. I gave Cathy a cute teddy bear. Cathy delicious seafood. After dinner, we celebrated birthday cake. We had a wonderful time.

My friend Cathy, who is from Canada, came to Hong Kong last week. I was her tour guide.

On a wonderful Sunday morning, Cathy and I went to a famous scenic spot, Stanley Market. It was very crowded. Both of us were really excited. She wanted to choose some amazing souvenirs for her brothers. She was attracted by some Chinese handicrafts so she decided to buy one for her brother, Ken, and a feature T-shirt for her second brother, Ben. We were so happy.

On the second day, I wanted to bring Cathy to the Big Buddha by cable car. We took photos in front of the Big Buddha statue after climbing more than 200 steps. We felt super tired so we went to a famous Chinese restaurant for lunch. After that, I took her to Disneyland, which is my favourite place in Hong Kong. I hoped she would like it. We took lots of lovely photos and rode on lots of exciting roller coasters. Both of us thought that 'Space Mountain' was the best. Before leaving, we watched fireworks too! 'You can take a rest these three days because you look really tired. You can stay at my house and we'll have a sleepover,' I said.

On Friday morning, Cathy and I went to Ngong Ping 360 since it was one of the must-see attractions in Hong Kong. Actually, Cathy had been there twice on other trips to Hong Kong! She enjoyed the view very much! We felt excited on the cable car. I was happy to hear that Cathy thought the views were really beautiful. Then, we went shopping. We bought tons of things. We were very tired but happy.

On the last day, I asked her, 'Are you satisfied with all my plans?'

"Yes! You are a really talented tour guide. I'll visit Hong Kong this Christmas again!" She said with a beam of delight.



Cassidy Law 50

Last Sunday, my pen-friend Cathy, from Australia, came to Hong Kong. She stayed in the Sunshine Hotel. She asked me to take her to some scenic spots in Hong Kong. I was pleased and promised her that I would take her to some good places. We started our trip last Monday.

On the first day of our trip, Cathy and I went to Stanley Market. It was crowded and noisy. Cathy liked the Chinese handicrafts so she bought some. She also bought some souvenirs for her family. Then, we saw some feature T-shirts and beautiful accessories. I was attracted by the T-shirt with a dragon image on it but I didn't have enough money to buy it. After that, we visited the Tin Hau Temple. It was a nice, quiet place. We also had a delicious dinner and we watched the beautiful sunset on the beach.

The next day, we got up early and had a buffet breakfast together. Then, we went to Lantau Island to see the Big Buddha and rode on the Ngong Ping Cable Car to see the Big Buddha. We climbed 200 steps and reached the Big Buddha. We were tired but impressed by the bronze statue. We went to the Po Lin Monastery too. Then, we went to Tung Chung to ride on the cable car. We enjoyed the stunning 360-degree views. We could even see the Big Buddha up there! When we arrived at the Ngong Ping themed village, we had lunch and went shopping. We had a good day.

On the third day, in the afternoon, we went to the must-visit Disneyland. We were excited about it. First, we watched the show 'The Golden Mickeys'. It was interesting. Next, we took some photos with some Disney characters such as Mickey, Minnie and Winnie the Pooh. They are my favourite Disney characters! We played on the roller coaster and merry-go-round. We didn't like the roller coaster ride. We enjoyed it at first but when the roller coaster went down the slopes, we were petrified and we screamed in fear. We were glad to leave it behind us. Finally, we saw fantastic fireworks and bought souvenirs. I bought a Winnie the Pooh key ring and Cathy bought a pen with a Minnie image. We were delighted to go to Disneyland.

Yesterday, we went to the Cultural Centre. Since it was the last day of our trip, I wanted to give Cathy a surprise. Kathy loved ballet so we watched the famous ballet 'The Nut Cracker'. It was fabulous. We enjoyed it very much. My favourite song from this show was 'The Waltz of Flowers'. It was sweet. Lastly, we took some photos of the Clock Tower and the Victoria Harbour. This was an unforgettable trip. We had a great time together.

ALLAN CARLAN

The School Picnic

Prudence Cho 5A



Last Wednesday was an unforgettable day in my life. I went to Wu Kai Sha Youth Village with my classmates and teachers by coach. We were extremely excited so we laughed and talked loudly on the way.

When we arrived, we immediately started playing some mass games. We played hide-and-seek and football for more than an hour. We ran quickly and played happily. We felt hungry and thirsty and we were nearly exhausted, then we unfolded the mat on the big piece of green grassland. We shared our delicious snacks, such as grilled chicken sandwiches, chicken wings, curry fishballs, etc. We told jokes and sang songs together happily during the meal. The grassland was full of our laughter.

Suddenly, 'Drip!' A bird's dropping fell on my head. I felt nasty. At the same time, Angel just passed by and saw what happened to me. She pointed to my head and laughed loudly. Then, she was gossiping and told everybody what happened. I ran into the washroom to clean my face and escape from them.

Luckily, my best friend Cynthia came to the washroom to talk to me and gave me a tissue. Although I felt nasty about the bird's dropping, I'm lucky to have my best friend who always supports me!

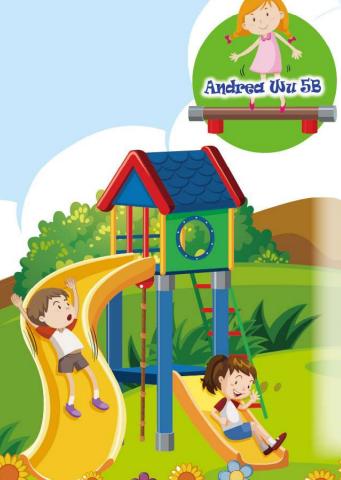
On 7th December, 2018, it was an unforgettable day in my life. Although it rained, my classmates and I had a wonderful time.

On that day, our headmistress, teachers, classmates and I went to Wu Kai Sha Youth Village to have our school picnic. We went there by coach. When we got there, my classmates and I put a mat on the grass and we ate some snacks such as chips, chocolate and crackers. After that we played football and skipped with the rope. It was fun.

Suddenly, it rained heavily so we all ran into the games room to take shelter from the rain. When we got inside, it was crowded with students. We wanted to play table tennis, but all the games were fully booked except Chinese chess. However, Chinese chess was too hard for us. Luckily, a Chinese chess coach came and taught us how to play. We even had a competition with him. It was full of excitement.







Last Friday was the most unforgettable day in my life. The sun was shining brightly. The lovely birds were singing happily. It was the school picnic. I was very excited about it.

Early in the morning, I left my home. When I arrived at school, I saw everybody chatting with one another and discussing their trip planning. Soon, the teacher came to us and said, 'The coach is here, let's go!'

After that, we arrived at the country park. All of us ran to the huge grass field and found a good place for a picnic. There was a big tree so our group decided to sit under it for the picnic. We had brought lots of healthy food, such as vegetable rice balls, salad, sandwiches and so on. We ate up all the food so we were very full.

Then we went to the chess centre. We borrowed the most popular board game- Monopoly Deal, and we played together. I was happy that I won the game in the end. Although the others lost, they didn't complain. The centre was full of fun.

At last, we decided to go to the rock climbing wall. I enjoyed it so much. When I was almost finished climbing, it suddenly started raining. The rocks became slippery and I slipped. Fortunately, a strong hand caught me. It was my groupmate, Linda! She said, 'Don't give up. I trust you!' I was proud of myself when I finished my climbing. I was thankful to Linda too!

The picnic was wonderful this year. I hope next year is just as good!

I had an unforgettable trip last year. That day was our school picnic. I went there with the principal, teachers, and my schoolmates by coach. We were excited.

When we arrived there, we got off the coach and walked to the picnic site. The whole class took a picture together. Then we went to play with our own team.

We played and chatted a lot. Of course, we also ate lots of food. We wanted to go to another place so we walked along the park. Suddenly, I saw something black by the road. What was that? I approached it and looked. It was a black kitten!

My teammates were walking behind me and saw what happened. So they stopped too.

'Oh, why is a kitten here? It's cute,' one of them said. We fed some healthy bread to the kitten. It looked happy. After that, a cat walked by. The kitten jumped a bit and followed it. Maybe the cat was the kitten's mum.

Next, we continued our trip. We all thought this trip was interesting and special. I won't forget this trip.





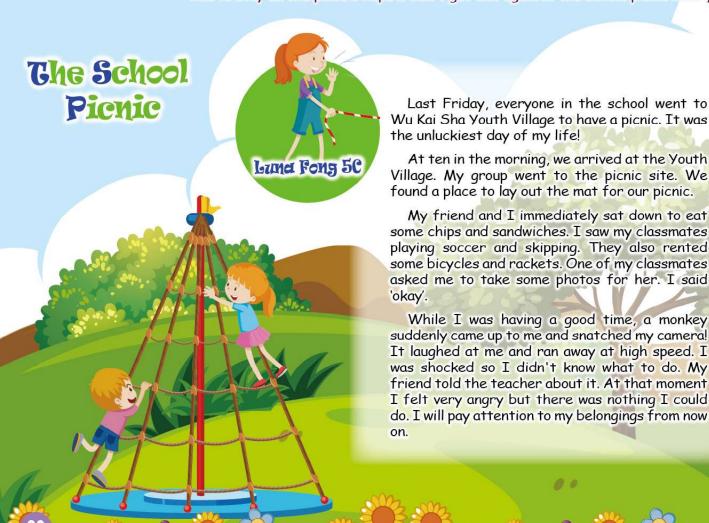
I went on a school picnic last Friday. It was the most unlucky day in my life.

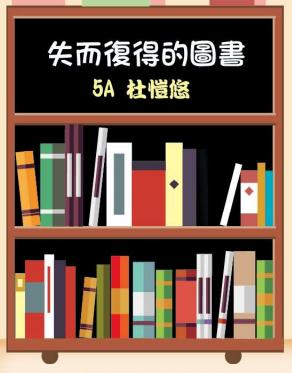
Last Friday was a sunny day. In the morning, all the teachers and students went to Sai Kung Country Park by coach. We were very excited.

When we arrived at the country park, my class teacher Miss Chan decided four students would form one group. Mary, Sam, Susan and I were in the same group. First, my group mates and I went to the picnic site to have our lunch. Susan brought a lot of food, such as sandwiches, potato chips, sweets, sushi and some fruit. Sam brought lemon tea and cola. We ate a lot. We were so full.

When we finished our lunch, we were very full so we decided to have a walk together. We chatted with one another while we were walking. Later, we couldn't find the path back. We got lost. We couldn't find any teachers or schoolmates. I was very scared and nervous. Mary comforted me. Then we met a woman. We asked her the way back to the picnic site. The woman was nice and she brought us back to Miss Chan and we all said to the woman, 'Thank you very much! Thank you indeed!'

I was so tired when I got home. I learnt that when we went to the country park, we had to stay on the path. I hope I won't get lost again at the school picnic next year.





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假日清晨,一陣雜亂的聲響把我從美夢中驚醒了,這時,我才發現我的一些圖書從書架上掉了下來,其中的一本是色彩繽紛的英文圖書,令我回想起當日失而復得的情形。後來哥哥為了鼓勵我看管好自己的東西而把那本書送給我,令我感到愧疚不已。

記得去年的一天,我被哥哥的一本圖書裏的插圖吸引住了,嚷著要他借給我看,哥哥欣然答應了,並吩咐我好好保管它,因為那是哥哥的珍藏。

我把圖書帶回學校,打算在空閒時細味一番。小息時,我坐在音樂室裏慢慢地閱讀,心想:這本圖書的情節十分曲折,又有趣,真捨不得放下呢!

小息完結了,我竟然忘記了那本圖書,把它遺留在音樂室裏呢!放學回家後,哥哥要我把圖書還給他,我才發現圖書不見了。我急得如熱鍋上的螞蟻,最後只好低著頭,結結巴巴地說:「哥哥,對……對不……起!我……把……把它弄……丟了!」哥哥頓時氣得怒髮衝冠,道:「我要拿它做閱讀報告呀!明天要交了,哼!」說罷便跑回房間裏去。

我立刻跑回學校,並且問老師:「對不起!請問你有否在音樂室裏見過一本英文圖書呢?老師溫柔地說:「是這本,對不?下次可要小心點了。」我謝過老師後,便興奮地回家去。哥哥做完閱讀報告後,便送了那本圖書給我,還鼓勵我以後要小心保管好自己的物品。

想着想着,我又有些慚愧了,這本失而復得的圖書提醒我不要粗心大意,要好好保管自己和他人的東西,我以後要做個自理能力高的孩子。

5A 陳芸萱

古語有云:「百行以孝為先。」由此可 見,孝順父母是極為重要的美德,也是我們的本 份。那麼,我們要怎樣做才是個孝順的孩子呢?以下 有一些建議給大家參考。

第一,我們要做好自己份內的事情,減輕父母的負擔,因 為父母下班後已經很累,所以不能讓父母為我們操心。我們要專 心上課,在家裏自動自覺地溫習,這樣,父母便不必為我們的學業 成績而憂慮。此外,我們也可以在課餘時間幫助父母照顧弟妹,分擔 父母的工作。

第二,我們要尊重父母,因為父母是我們最親近的人,他們養育我們,恩重如山。平時,我們跟父母說話時,不要頂嘴,因為頂嘴是極不尊重的行為。此外,我們也不要向父母胡亂發脾氣。父母是長輩,我們當然不能欺騙他們。只有時刻尊重,和父母保持良好的關係,才是孝順的兒女。

第三,我們要關心父母,因為關心也是表達愛的方式。我們只要輕輕慰問父母一句,父母就會感到很窩心。我們也可以送一些小禮物給父母,禮物不用名貴,只要傳遞到心意就好了, 正所謂「物輕情意重」,父母收到了,一定很欣慰。

總括而言,我們只要做好自己的本份、多尊重和關心父母,就是孝順的表現,那就讓我們 一起努力做個孝順的孩子吧!







58 吳蕎安

你知道在眾多的中國傳統節日中,哪個節日有賞 月、吃月餅、玩燈籠等的習俗嗎?答案便是中秋節了。 中秋節在每年的農曆八月十五日,相傳是為了向奔月成 仙的嫦娥祈求平安。那麼,你知道在這個普天同慶的大 日子,香港人是如何慶祝的嗎?

說起<u>中秋節</u>,大家一定會想起吃月餅吧。月餅的味 道甜甜的,嗅起來香香的,吃起來簡直是雙重享受。原 來在<u>北宋</u>時的中秋時分,月餅在宮內已經非常流行,並 同時流傳至民間。當時,民間都俗稱它為「小餅」或 「月團」;後來這種小餅演變成圓形,成了現在象徵滿月 的月餅。不過現在人們追求健康,市面上除了有傳統月 餅外,還有很多五花八門的款式,例如:冰皮月餅、流心 奶黃月餅、雪糕月餅等。唯一不變的,是吃月餅有着家 人團聚的意義。

舞火龍也是其中一項中秋節的活動,不過它只在<u>香港 銅鑼灣 大坑</u>舉行。據說於一八八零年的中秋節前夕的晚上,颱風吹襲大坑村。有一條大蟒蛇吞食村裡的家畜,被村民合力打死於破屋內。翌日,颱風過後,大蟒蛇屍體失蹤;大坑村發生瘟疫,多名村民病亡。當時有村中父老表示獲菩薩報夢,於中秋佳節舞火龍繞村遊行,同時燃燒炮竹,便可驅瘟疫。於是,中秋節舞火龍的習俗便形成了。舞火龍的儀式很隆重,整個儀式可分為「火龍過橋」、「火龍纏雙柱」、「彩燈火龍結團圓」三部分。中秋節與親朋戚友一起看五彩繽粉的火龍,真是一件樂事!

總括來說,中秋節是一個普天同慶的節日。希望大家今年能和家人度過一個愉快的中秋節。

一張照片

上星期日的下午,我無意中找到了一本相簿,便坐在沙發上看了起來。我翻到第二頁時,看到我和一隻小鹿的合照,令我回想起那次的旅行的過程,我還玩至依依不捨才回<u>香港</u>呢!至今想起這件事,也令我笑得合不攏嘴。

記得三年前的暑假,爸爸答應會帶我和媽媽、姨母和姨丈一起到<u>日本</u>旅行,令我雀躍不已!當我到達<u>日本</u>時,姨丈便帶大家到租車站租車去。我們租了車後,便駕着車來到一些特色店買了一些手信,然後繼續向我們的目的地——<u>奈良博物館</u>進發。

當我們到達目的地後,看到館外是一片綠油油的草

地·草地上有數十隻小鹿在跑·牠們真是十分可愛呢! 我追着一隻小鹿·想和牠來張合照·但我追不上地·令我感到有點失望·心想:如果這次不 我追着一隻小鹿·想和牠來張合照,但我追不上地·令我感到有點失望·心想:如果這次不 能和小鹿合照,那實在是太可惜了!當我正要走去博物館的門口時,一隻可愛的小鹿便走了 能和小鹿合照,那實在是太可惜了!當我正要走去博物館的門口時,一隻可愛的小鹿便走了 過來·好像在跟我說:和我來張合照好嗎?我立即抱着他,這時,媽媽立刻按下了快門,永 遠記錄着這時臉上充滿着喜悅笑容的我。我們進了博物館,逛了兩個圈,買了一些紀念品 後,便回酒店去了。

在這旅程中,我感到十分快樂,也明白到親情的可貴,因為和親人共享天倫樂才是最值得高興的事,我希望下次也可以和親人一起旅行。







5C 吳凱鎮

現在很多人都十分關注健康。因為身體健康,就能擁有強健的體魄抵抗病魔,追求理想。那麼, 怎樣才能保持身體健康呢?我就從以下三方面加以說明一下。

要身體健康,首先我們要飲食均衡。均衡飲食,使我們有足夠營養,對抗病魔,維持身體健康。我們要多吃蔬果,每天吃三份蔬菜和兩份水果。要防止「三高」,我們要少吃油炸食物,少吃快餐和零食。想有足夠的營養,我們還不要偏食,並可根據標準的食物金字塔進食不同種類的食物,以維持身體健康。

單靠均衡的飲食並不能令到我們身體健康,我們還要多做運動。做運動令我們能有強健的體魄, 令身體強壯。每天做三十分鐘的帶氧運動,例如跑步、游泳、踢球等已能夠鍛練我們的心肺機能。除 了帶氧運動,我們還可做些有益身心的運動,如打籃球、跳繩、跳健康舞等。

最後,我們要培養良好的生活習慣,令自己生活得更有規律,精神飽滿,才能抵抗病魔。我們要作息定時,每天至少要睡七至九小時。我們還要少用電子產品,避免令眼睛受傷害。最後,我們要避免吸煙、吸毒和喝酒精飲品,這些不良嗜好都有損健康,增加患病風險。

以上三點就是保持身體健康的方法。我們要保持身體健康,抵抗病魔,追求理想,便要努力 實踐了。



失而復得的帽子 5C 黃芷欣

今天,我在整理搬家物品的時候,一頂邊緣破爛、褪了色的帽子,出現在我眼前。我拿起來,臉上頓時泛起絲絲的笑意,因為這頂帽子讓我想起了三年前的一件失而復得的事。

三年前的一月十三日,爸爸送我這頂帽子,作為我的生日禮物。我對這頂帽子愛不釋手,每一次出去,都要戴着這頂帽子。

有一次我去公園玩耍,也戴着帽子出去。來到公園,我把帽子脫下來,沒有保管好。當我喝水的時候,才發現帽子不見了!我東看看,西看看,都沒發現帽子。我害怕地想:帽子不見了!要不要告訴媽媽?會被她罵的!

最後我決定要自己找,我左邊找一下,右邊找一下,都沒發現它。這時,背後傳來天真的童聲,說:「是這頂帽子嗎?」我轉身一看,原來是一個比我少一、兩歲的小女孩。小女孩手中拿着的帽子,不正是我的帽子嗎?我温柔地說:「謝謝你!這正是姐姐的帽子,我們一起玩吧!」小女孩搖搖頭,說:「我要走了,再見。」小女孩話未說完,就跑了,我只好目送她離去。

我看着這頂帽子,仍笑得合不攏嘴。那天,我吸取了一個教訓:要好好保管自己的物品, 我不會再忘記重要的物件了。



12th February, 2019 Sunny

Yesterday, I went back to China at night. Although it was exhausting, I enjoyed the trip.



Today, I met my relatives with my parents at a restaurant which was well-known for dim sum. Eating delicious dim sum in China was an enjoyable experience!

Then, we all went to my great grandma's house. She is 94 years old now! Visiting my great grandma was a memorable experience for us. We chatted with her and played some 'traditional' games with her too! In the blink of an eye, three hours passed. It was time to go. When we were ready to leave, my great grandma burst into tears because nobody had visited her for a year. She waved at us cheerfully when we were leaving.

After that, we visited our other relatives. I said 'Kung Hey Fat Choi!' gratefully to my uncles and aunts and they gave me a lot of red packets. I was so delighted because I received such a great amount of red packets.

At last, we left China and went back to Hong Kong. It was the most fabulous day for me during this Chinese New Year. I hope I can visit my great grandma very soon so she will not be lonely.



5th February, 2019 Weather: Sunny

It was the first day of the Chinese New Year. I went to Wong Tai Sin Temple with my family. When we arrived there, I saw my rela-



tives. Then, we burnt joss sticks for my dead relatives. We also gave special food to them.

After that, we went to have lunch. The restaurant was decorated with red papers and there was a candy tray. My cousin and I ate a lot of them. Then we said good wishes to each other. I received lots of red packets too. While we were eating, a man dressed up as the God of Wealth came out. He gave a coin to each of us because Chinese people believe that it will bring us wealth. We also took photos with him.

It was an unforgettable day. I was so eager to celebrate Chinese New Year with my family. It was wonderful! I hope I can celebrate Chinese New Year with them next year. It will be amazing!

6th February, 2019 Sunny

Today was the second day of the Chinese New Year, so I visited my relatives and had lunch with them. First, I greeted my grandparents and my relatives. Red packets were given to us. Then, we ate



Poon Choi and turnip cakes. They were delicious. I liked them very much.

After that, we went to San Tsuen. Traditional joss papers were thrown onto the tree by people. There was an exhibition of floats. My cousin and I loved the floats very much. We also took photos with them. We even bought some rice crackers in the traditional food stall. They were very yummy.

Then, we went to Che Kung Temple in Shatin. We prayed and drew a fortune stick. We also bought a beautiful rainbow coloured pin wheel too! My mum said that it would bring us good luck.

It was almost six o'clock, so we decided to have dinner in Tsim Sha Tsui. After dinner, we went to the Tsim Sha Tsui harbourfront to watch the amazing fireworks display. There were many different patterns, like smiling faces, hearts and flowers! They were very colourful and sparkling. We enjoyed watching it very much.

I had a memorable day at Chinese New Year with my relatives. I will never forget those happy moments. I look forward to a wonderful New Year's day next year.













2nd February, 2019 Sunny

Today was a memorable day because I helped with the housework! In



the morning, I finished my homework. Then, I started feeling bored. I sat on the sofa and I was checking my messages on my smartphone. Then I saw my mum cleaning my drawers. I was surprised. I asked, 'Why are you cleaning stuff all day, Mum?'

Mum answered, 'It is because today is the 28th day of the final month in the lunar calendar. People used to clean up on this day. This is the Chinese tradition!' I realized that if I'm Chinese, I also have to follow this tradition!

Then I tried to fold the clothes and sweep the floor. At first, I found it difficult because I hadn't had any experience of cleaning before. I followed my mum's instructions to do the steps. After an hour, I survived!

After helping with the housework, I learnt a lesson. It must be difficult at first when you try something new but you have to face it! I was proud of myself. My mum was impressed too. Helping others is a meaningful experience!



5th February, 2019 Weather: Sunny

It was the first day of Chinese New Year, which was a wonderful day.



I woke up early yesterday morning because we had to visit our relatives. My family and I went to my relatives' house in Sai Kung excitedly. I ate all the candies in the candy tray. They were sweet and delicious!

After that, we went to a famous restaurant that served a lot of seafood. I ate a lot since they tasted really good. Suddenly, my stomach was painful. Oh! I got a stomachache!

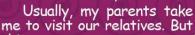
'It must be the raw salmon that made you sick,' Mum said calmly. My stomach was so painful, I could hardly stand but I rushed to the bathroom. After a battle with the germ in my tummy, I finally won!

My dad said that although I felt better, I still needed to see the doctor the day after. Then I heard a loud noise like 'bump, bump, bump!' So I went outside and wanted to know what was happening. It was the lion dance! A big red lion was jumping on a thin stick. It was incredible.

My relatives and I had a wonderful reunion dinner at night. This was the most meaningful Chinese New Year I have ever had.

6th February, 2019 Sunny

I spent a great time at Chinese New Year this year. I did many special things but the most memorable day was on New Year's Day.





In the morning, I woke up so early and got dressed. I was so excited to be going camping.

First, we went to Tai Tan Campsite in Sai Kung by bus. Then we found a place and set up our tents. It took us a long time to set up all the tents. Surprisingly, we met the family that we saw on our last camping trip! We played happily together. Playing with friends was a joyful experience.

In the afternoon, we went hiking. It was unlucky for me since I fell down and hurt my knee. It was a painful experience for me. Then we made pancakes and pizza by ourselves. They were tasty!

In the evening, we had hotpot for dinner. It was delicious! After dinner, we went to the seaside and looked at the beautiful sea view. Lastly, we went to Wong Shek Pier.

This was the most memorable day that I have ever had! I hope you all had a wonderful Chinese New Year.







An Awful Day

Last Sunday was my most awful day ever. When I finished my lunch in a restaurant, I went back home. On the way, I accidentally dropped my mobile phone and it broke. I was very frightened as I thought my parents might punish me.

After that, I went back home and started to watch cartoons. While I was watching the most exciting part, the TV suddenly went out of order! I was very mad about it.

So, since my mobile phone and the TV were broken, I went to the library. When I took some books, which I wanted to borrow, to the circulation counter, I realised that my library card wasn't in my wallet! I was very worried and I immediately went home to find it. It was on my desk! How careless I was!

Since the examination was coming, I started to do my revision. Suddenly my dog bit me and jumped on the table and broke my mum's favourite vase! My mum came out and checked what happened and she thought I had broken her vase. She punished me. 'You can't watch TV for a week!' she said.

What an awful day! I hope I won't be unlucky ever again.

Katy Chan 6B

Hilary Siu

Last Sunday was the unluckiest day of my life. While I was walking back home, someone phoned me. I took my phone from my pocket and my phone fell on the ground. The screen broke into pieces! 'It is my new phone. My parents only bought it for me a week ago!' I cried worriedly. 'My parents will scold me,' I thought to myself. Then, I picked up my broken phone and went home.

When I arrived back home, my parents had already left because they go shopping every Sunday. I sat on the sofa and watched TV to relax myself. I was captivated by an interesting cartoon, when suddenly, the television stopped working! I was so mad.

"Oh well, I have to finish the school project before Wednesday, let me borrow some books from the library,' I told myself. I took my purse and went to the library.

I arrived at the library and found some books for my project. I went to the circulation counter but I couldn't find my library card! I was disappointed and went back home. When I got back home, I was shocked by my messy home! 'Oh my God! A thief broke into my home while I was out,' I said worriedly. I ran into my room to look for my wallet. My wallet was on my bed. I opened it immediately and there was no money in it. 'I had been saving my pocket money for three years to buy a doll.'

Just then, my parents came back home. I was very scared and told them what had happened that day. They seemed to be very angry. They reported it to the police and rushed into their room. 'My diamond rings!' cried Mum.

'My credit cards!' said Dad.

Mum walked out of the room and asked me angrily, 'Did you lock the door and the windows before you left?' I told my mum that I did not lock the windows. Mum wanted to scold me but, just then the policemen arrived. Mum opened the door and the policemen took my wallet and something else to the police office to check the fingerprints on them. After the policemen left our home, Mum punished me – I could not play computer games for a month.

My carelessness made my parents busy. My dad went to the banks and stopped his credit cards which were stolen by the thief. Mum had to go to a jewellery shop to buy new diamond rings. Also, we couldn't stay in our home for two weeks because the police had to investigate our case at our home. We had to live in a hotel.

This morning, the police told us that they were looking for the suspect. I hope the police will find the bad thief and arrest him.

Last Sunday was my most unlucky day. While I was going home, my mobile phone suddenly fell out of my pocket and onto the ground. I felt very shocked. I was afraid of being punished by my parents. So I picked up my mobile phone sadly. Dropping my mobile phone was an awful experience. When I returned home, I wanted to watch the cartoon 'Super Me'. I turned on the TV quickly. 'Oh my goodness! The TV is out of order!' I shouted. I was very angry and disappointed too because I really wanted to watch it. So I could only walk back to my room. Later, I remembered that I needed to return some books to the library so I went to the library. After I arrived at the library, I returned the books first and I borrowed the books later. I chose six books which were newly released. When I went to borrow them, I found that I had forgotten to bring my library card. I was embarrassed. I said, 'Em... I will come back tomorrow...' That night my parents scolded me because they thought that it was my fault that my phone had broken. I wanted to explain to them but they didn't listen to me. When they wanted to watch TV, they scolded me again. I was very sad and angry because it was not my fault that the TV was not working. I hope that I will be luckier tomorrow.

my Dream Job



When I grow up, I want to be a fashion designer. I'll work in an office and wear smart suits or smart casual wear.

Being a fashion designer requires a creative mind to think of new ideas for new clothes. They also need to be hard-working since there is a lot of work to do. They even need to be artistic so that they can choose a more suitable colour tone for newly-made clothes. Fashion designers design clothes and explore new materials for clothes. They might ask other designers for their opinions on newly-made clothes and make amendments if necessary.

I want to be a fashion designer because I think it is fun and creative. People with a wild imagination like me can make many creative clothes if I become a fashion designer. I can also help the poor by donating some of my clothes to them. I used to design clothes for dolls and this experience inspired me to design clothes for people. But I will have to get better at Maths so that my products will fit people. Most important of all, I have to study fashion design in university.

All in all, being a fashion designer is my dream job. I will study hard to become one. Maybe one day my clothes will be loved by many people.



My dream job is an actress. I want to be an actress because I like acting. I will wear beautiful clothes. I will work anywhere.

I am a cheerful person and I am helpful. When my friends have some problems, I help them. If I want to become an actress, I need to be patient because I will spend a lot of time practising the skills. An actress must be talkative and outgoing and not be shy.

If I become an actress, I will act in films, plays and dramas. If I become famous, I will earn a lot of money. I will translate a writer's ideas into a full-blown character with a unique set of gestures, accent, body language, movements and even trademark dialogues.

Why do I want to be an actress? I can make a lot of money when I am famous. I am good at acting. This can entertain people. I am in the Chinese drama group now.

How can I prepare myself for my dream job? I will join a drama club in secondary school. I also can take an acting class or workshop outside of school. I can even do research on famous actors and read plays. I can watch people to learn about different expressions and behaviours.

Maybe you will see me on TV one day! How about you? What is your dream job?

Yannas Tang 6C

I want to be an illustrator when I grow up because I like drawing. I can wear what I want if I become an illustrator. I'll work in the studio on working days.

I need to be creative so that I can think of some interesting ideas for the illustrations. I need to be patient because I may need to draw the same picture many times in order to make it beautiful. I also need to have a child-like innocence to draw pictures for storybooks to attract children to read them. If I become an illustrator, I may need to draw pictures for books, magazines, manga, etc.

I am good at drawing and painting but I will keep on practising drawing so that my techniques will keep improving. I will also train myself to be more patient starting from now on. I joined a drawing class in the summer holiday. It helped me to know more about drawing skills.

If I become an illustrator, I will sign autographs for people who like my drawings and I will be joyful. I hope I can get my dream job when I grow up!







小學生 應該在校內 使用手提電話









在現今科技發達的世界裏,不少人都擁有自己的手提電話。隨着手提電話的功能越多,手提電話帶給我們的便利也更多。於是,關於學生應不應該在校內使用手提電話的爭論也越來越多。但總的來說, 我認為小學生應該在校內使用手提電話。

第一,在校內使用手提電話可以方便我們學習。例如:我們在上課遇到不懂的事時,可以即時上網查找;可以把上課時重要的資料拍下來,不用抄筆記;老師給予的電子功課,學生也可以在校內完成。可見在校內使用手機不但可以便利學習,也能節省時間,加快學習的進度。

第二,在校內使用手提電話令學習變得更有趣味。教師在課堂設計上更靈活,空間更大,更可善用手提電話上各種電子學習的程式,使學習變得有活力和有趣,也能加強學生對不同課題的印象,提升學生上課時的專注力。

但是,如果學生過度使用手提電話會適得其反,大大增加了學生網絡成癮、沉迷於電子遊戲的機會,更會影響學業。古人常說:「業精於勤,荒於嬉。」這句話是在勉勵人不要只顧玩遊戲,不肯用功,否則便會令成績倒退。所以,在課堂內使用手機是可以的,但同樣須要有節制,有規限,上課時要認真聽課,不要玩手機,這樣才是善用手機。

總括而言,我認為在校內使用手提電話是利多於弊的。我相信只要我們在校內善於使用手提電話, 手提電話帶給我們的好處是數之不盡的。





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現時,很多小學生都擁有一部屬於自己的手提電話,其實常用手提電話會帶來很多壞處。因此我認為小學生不應該在校內使用手提電話。

第一,小學生在校內使用手提電話會影響他們的成績。手提電話上可安裝遊戲程式,小學生自律性較低,很容易受到誘惑,在課堂上玩手提電話,會令他們不能夠專心上課,繼而影響成績。他們在校內使用手提電話,更增加了他們玩電話的時間,可能令學生上癮,無法專注學業,所以學生在校內使用手提電話對成績的影響可不少呢!

第二,小學生在校內使用手提電話會對別人構成影響。小學生使用電話時的音量或動作,會騷擾正在上課的同學和老師,亦會騷擾正在圖書館裏看書和溫習的同學,破壞了圖書館的寧靜。

第三,小學生在校內使用手提電話會增加使用手提電話的時間,從而影響健康。手提電話會發放藍光,如長時間看電話,除了會容易導致近視和散光外,更會刺激眼睛,令眼球受損。如長時間低着頭看電話,或看電視時坐姿不良,會令頸椎和腰椎勞損,所以我們真的要減少看手提電話啊!

總括來說,小學生在校內使用手提電話的壞處很多,所以我認為小學生不應在校內使用手提電話。 希望學校禁止學生在校內使用手提電話吧!



如何改善廢物污染 6A鄧恩樂

現在,香港的堆填區接近飽和,如果大家不盡力改善廢物污染,香港很快便會變成「垃圾城市」。那麼, 我們可以怎樣改善廢物污染呢?現在我就由以下四方面為大家提供意見吧!

在個人方面,我們應該改變生活習慣,珍惜資源。例如:購物時自備購物袋;能吃多少食物,才煮多少食 物;不要胡亂購物,有需要才購買。這樣既能改善廢物污染,又能節省金錢,真是一舉兩得呢!

在學校方面,紙張的用量最龐大,所以我們可以從紙張開始減廢。例如:把紙通告改成電子通告;不要把 佈置壁報板的紙張用完即棄,可用作環保紙:放棄傳統課本,改用電子課本。這些方法都有助減少耗紙量。

在社區方面,我們應該物盡其用。例如:把舊衣回收或捐給有需要人士;回收耗盡的電燈泡;設置回收 箱,請回收公司把可回收的物料循環再造成有用的物資。這樣對於改善廢物污染,有重大的幫助。

在政府方面,政府應加強執法,嚴格處理廢物。例如:立例管制非法堆填區;加強教育市民環保意識;實 施「四電一路」政策。這些方法有助提升市民關注廢物污染的程度,對改善廢物污染有正面的幫助。

總括而言,我們應該從各方面努力改善廢物污染。如社會各界能攜手合作,香港便不會成變成「垃圾城 市」,也不會變成人人都不想居住的香港了。因此,我們坐言起行,現在開始改善廢物污染吧!



如何改善土地污染 6四陳目宏

香港人每天都丟棄數量龐大的廢物,使很多垃圾堆填區接近飽和。假如廢物量還持續增加,堆填區很快便 會不敷應用了。那麼,我們應如何改善土地污染?現在就從家居、學校及政府三方面為大家說明一些方法吧!

在個人方面,我們應避免使用一些不必要的用品,例如:我們不要使用外賣的即棄發泡膠盒子和膠餐具, 因為塑膠要四、五百年才能自然分解。我們外出吃飯時可自備循環再用的餐具,和帶食物盒來盛載餘下的食 物。此外,我們在購物前要準備足夠的購物袋、避免使用商戶提供的即棄膠袋;我們亦要少購買一些過度包裝 的產品。這樣,我們便可以有效地減少廢物的數量,從而改善土地污染。

在學校方面,應多教育學生源頭減廢。例如老師應多在課堂上教育學生減少製造廢物,支持環保;學校應 多舉行環保活動,教育學生使用廢物來製造有用的日用品,鼓勵學生廢物利用;校長和老師亦應以身作則,並 呼籲學生源頭減廢。這樣便可使學生明白到環保的重要性,盡量減少廢物。

在政府方面,可多利用宣傳和獎勵計劃來鼓勵市民減少製造垃圾。例如政府可統計每個單位的住戶製造垃 圾的數量,並以一些日用品如洗滌劑、環保袋和手帕來獎勵一些丟棄較少垃圾的住戶;政府官員也要以身作 則,並呼籲市民減少垃圾數量;政府可多利用廣告和網上宣傳等方法,宣揚環保的訊息。這樣,市民便會提高 環保意識,有助減慢堆填區飽和的速度。

總括而言,我們應從以上三方面來改善土地污染。希望大家盡力實行以上減廢的方法,改善土地污染。

小學生應否穿校服上學?



6C 張伊晴

現代社會漸漸改變,人人崇尚自由,有些學校更允許學生自由穿着便服上學,我卻極之反對這種做法!以下將分三方面來論述。

首先,穿校服上學能讓街上的人更容易識別學生的身份,小學生穿校服上學也能時刻提醒自己要注意自己的言行舉止,不要做出沒有禮貌、影響別人的行為,例如在公眾地方旁若無人地嬉戲、喧嘩等,否則就會影響學校聲譽。而且如果學生不幸在校外發生了意外,別人也能憑校服辨認出學生的身份,通知校方。反過來說,穿便服上學的學生就可能認為就算自己做出不禮貌的行為也不會被人知道,因而忘記要時刻約束自己。

再者,穿校服比較環保。如果穿便服上學,學生可能要買很多衣服來更換,但穿校服就可以買尺碼較大的校服,穿着較長的時間。這樣不僅節省金錢,還十分環保呢!學生還可以吧不合身的校服留給學弟學妹,減少浪費。

有些人認為穿便服上學更方便,因為學生可以隨便挑一件休閒衣服就上學。但是我卻認為穿校服能免卻許多麻煩。正所謂「一寸光陰一寸金,寸金難買寸光陰」,穿校服上學的話,學生就不用浪費時間來配襯服飾,可以省下時間做些有意義的事。而且學生穿校服上學,就不會比較衣服的品牌和款式,這樣就避免了學生為了追上潮流而浪費父母的金錢來買衣服,也不會引起攀比之風,避免了許多問題發生。

總之,穿校服上學的好處數之不盡,既環保,又方便,所以我絕對支持小學生穿校服上學。

參加課外活動的好處

6C 鄧蒑浠

現在,很多學校都舉辦很多不同類型的課外活動,因為參加課外活動對我們很有益。究竟參加課外活動有甚麼好處,以下將分三方面說明。

第一,參加課外活動能令我們增廣見聞。這些活動可以讓我們學到課堂上學不到的知識,擴闊我們的視野。例如童軍能讓我們學會繩結、生火等技巧;交通安全隊能讓我們學會步操和升旗;歷奇活動能讓我們學會野外求生和攀爬等技能。這些都是書本上學不到的知識。

第二,參加課外活動有助我們增進社交能力。例如話劇班能讓我們在排練時互相合作,同時也能結 交新朋友;小記者訓練班能讓我們認識一些攝影愛好者。透過這些活動,我們能學會怎麼與人相處和合 作,結交朋友,擴闊社交圈子。

第三,參加課外活動也是一件有益身心的事情。例如跳舞班、各種球類運動訓練班和體操班都有體 能和技巧訓練。透過各類運動,可鍛煉肌肉和強化心肺功能,令身體健康,又可以減壓。

總括來說,參加課外活動的好處真是多不勝數。不但有益身心,還能令我們增廣見聞和增進社交能力。既然參加課外活動這麼有益,從今天起,大家就多參加課外活動吧!



Story Writing Competition



4C Chloe Kum Perseverance



It was about 15 years after the famous running race between a tortoise and a hare. Marlin was the son of that tortoise while Speed was the son of that hare. They studied in the same school and were good friends. From their fathers, they had learned to always do their best. Their performances in school were excellent. In order to commemorate the lesson of that running race, they had a friendly match every year. Unsurprisingly, Speed won the race every time. In spite of the result, Marlin enjoyed the race with his best friend. He also kept practising and made noticeable progress every year.

It was the 10th friendly match between them. Speed won it easily as usual.

Speed gasped and said to Marlin, 'Recently I feel I am not as strong as before. Shall we only have the race every 3 years?'

Marlin said, 'Are you all right?'

Speed nodded. 'I am fine. I have won the race easily. Let's go to our favourite restaurant to have dinner now.'

Three years later, they had the friendly match again. Speed ran slowly and started to gasp halfway. He was even slower than Marlin. Finally, Marlin won the race for the first time.

Marlin did not feel happy and was worried. 'What happened? I am worried about you.'

Speed took a deep breath and said slowly, 'I'm fine. I have done my best as usual. In fact, I am old now. The lifespan of a hare is different from that of a tortoise.'

Marlin said, 'I don't want to take advantage of you and I don't deserve to win the race.'

Speed shook his head and said, 'You deserve to win it. You always do your best and have kept progressing over the years. Your perseverance has made you succeed. Maybe God rewards the tortoises' long lifespan because of their perseverance. You may have a match with my son next time and teach him about perseverance.'

They smiled at each other.



4C Nessa Leung Perseverance

Perseverance, in my opinion, is 'to never give up'. I want to share one of my experiences regarding perseverance. I love playing table tennis. I started learning to play this sport when I was six.

After playing table tennis for more than a year, my coach decided that I was ready to join the yearly competition for girls under eight. I was so excited. I practised frequently.

When the competition date finally arrived, I felt extremely nervous! When the competition started, I made mistakes that I normally would not make. I was so mad at myself when I lost the game. The thought of giving up crossed my mind. Fortunately, Dad and Mum were very supportive and said, 'Failure is the mother of success!'

After that, I practised hard to overcome my weaknesses. I also improved on my serve by applying different spins to it.

A year later, I joined the competition again. To my surprise, my competitor was the same girl from last year! In the beginning, I was losing. Then, I told myself, 'You can do it! Never give up!' I started winning slowly and steadily. At last, I won the game! I felt wonderful. Both of my parents praised me, 'Well done! We are so proud of you! It made my heart swell with pride.

This experience has taught me to never give up when we encounter any difficulties. We should persevere and overcome any hurdles that come our way.



4A Hazel Chow

Perseverance

Helen is a ten year old girl. She likes doing sports. She does sports four times a week. She always goes running on the sports ground. Recently, she was learning how to ride a bike. As she cannot ride steadily, she often falls off her bike and gets hurt.

One day, she was riding the bike on the cycle path. Suddenly, she lost her balance and fell on the ground. She broke both her legs. She had to stay in the hospital for two months. She was sad because she was worried she would not be able to join the running competition which she had signed up for at school in two months' time.

She really wanted to join the competition this time so she kept on doing the physical therapy every day even when it felt hard. She fell a lot of times in her practices but she didn't give up. She tried again and again.

At last, her legs got fully recovered and she could join the running competition. She got the second runner-up award in the race. She was happy.



Primary 5
Story Writing Competition



Story Writing Competition

5A Jeanette ToA Tale of a Treasure Hunter

A hundred centuries ago, there was a poor immigrant family who moved to Treasury Kingdom. However, Treasury Kingdom was a hierarchical country and only Royal Guaranteed Treasure Hunters could be rich so the parents put all their hopes on their only son, Quolt.

To make their dream come true, his parents took treasure hunting books out of filthy rubbish bins. However, no matter how hard Quolt tried, he never understood what the books meant and always lost in treasure hunting competitions. His parents were soon furious with their foolish son.

Although Quolt's parents refused to help him anymore, Quolt was determined to pursue their dream. Quolt became very distressed. He shared his sadness and worries with his only friend, Trolling, who was a gifted treasure hunter and asked him for help in a letter as they lived far away from each other. Trolling was touched and excited to receive a letter from Quolt and he was also committed to help his friend, even though they lived far from each other. He set off on the same day that he received the letter.

The pair of friends did the training from dawn to sunset together. They tried and failed continuously. Sometimes Quolt got hurt and Trolling took care of him. Finally, they invented a tool—a compass! They were overjoyed and Quolt decided to join the competitions.

With the new invention, Quolt took part in twenty competitions in just two years and won all of them. When Quolt met the Emperor for the Best Royal Guaranteed Treasure Hunter and Royal Treasure Hunting Coach Awards, he let the Emperor meet Trolling too. He said, 'Although Trolling didn't take part in these competitions, I still think I should share these rewards with him. He was so kind to teach me and he experienced the most difficult moments with me during this time. I wouldn't be successful without him. Apart from teaching me treasure hunting, he also encouraged me, "Don't let difficulties overcome you, but rather overcome the difficulties."



5A Amorette Chung

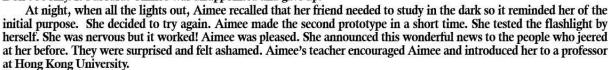
Perseverance

Aimee was a curious and intelligent girl who wanted to be a great inventor to help people when she grew up. When she was young, her parents didn't buy her any toys so she made her own toys by herself from household waste.

One day, when Aimee was fifteen, she read a letter from her friend in the Philippines. She told Aimee that she had failed her grade in school because her family couldn't afford electricity and she didn't have any light to study with at night. Aimee decided to invent a way to help her friend out.

Aimee invited some classmates to help with this project but they all rejected and teased Aimee, 'You're naive. That's impossible!' But Aimee didn't give up. She asked her teacher to help and she researched by reading a lot of books.

Three months later, Aimee was delighted to make a prototype of a flashlight which did not need any batteries. She asked her friends and relatives to witness her first testing but it didn't work. Some despicable friends jeered at Aimee, 'Hey! Don't be silly. It's absurd.' Aimee was disappointed and gave up.



After two weeks, the professor invited Aimee to Hong Kong University for a presentation. It was a magical moment for Aimee! She dressed grandly and presented herself proudly,

'This is my invention- "The Temperature Flashlight." It is a flashlight that runs on the heat of the human's hand. It is for students who live in poverty to study at night.'

The professors clapped their hands and gave some opinions to Aimee. One of the professors allowed Aimee to use at laboratory at the university for studying. Aimee went to the laboratory every day after school to improve her flashlight. And so, Aimee was able to perfect her invention.

She sent 'The Temperature Flashlight' to her friend in the Philippines who wrote a letter to Aimee expressing her gratitude for Aimee's help. Eventually, Aimee's friend achieved the best grade at her school and Aimee became a real inventor and achieved her childhood dream.



5C Naomi Lee

Perseverance

Once upon a time, there was a koala called Kokonut. Her father and mother died in a car accident when she was three so she lived in the koala orphanage. Kokonut had a dream: she wanted to be a famous gymnast.

She always asked her guardian whether she could have some gymnastic lessons but her guardian said it would be too dangerous to go out and learn so she could only stay in her room to watch videos of how to do gymnastics. She always thought of her mother because when she was small, her mother taught her to do some gymnastics. Although it seemed that there were not many opportunities to get training at that time, she did not give up on practising in her room by watching some videos. She practised again and again, then she became more familiar with gymnastics.

One day a teacher from a famous dancing school in Paris came. Everyone had a chance to perform on the stage for the teacher and the teacher would choose the best ballet dancer or gymnast to go to the school to learn how to dance. When Kokonut performed on the stage, she was a bit nervous but she knew that she could do it. She did her best in the preliminary round so she entered the finals. She did well in the final performance but unfortunately for her, her opponent was very good at gymnastics. Kokonut lost confidence in winning the race. However, her guardian knew this so she told Kokonut, 'If you want to succeed, don't give up. I know this is your dream. You need to persevere to overcome difficulties!' This sentence reminded Kokonut that it was really her dream. She did her best and the teacher chose Kokonut to learn gymnastics in Paris.

After that, Kokonut always remembered that all difficulties can be overcome if you have perseverance. Never give up on your dreams as there is nothing you can't overcome in the world.





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Story Writing Competition



6B Gloria Chan A Boy Who Danced

'Haha! Peter is dancing again? Why does he always do these girly things?' 'Let's just call him "Girly"! Haha!' Everyone laughed at Peter because he danced like a girl. But Peter loved dancing. He didn't want to give up.

He would go to the dancing room to practise his dancing skills every day. He even signed up for the school show. Everyone thought that he couldn't do it. The boys bullied him every day, but he didn't give up. He practised seriously - all for his dream.

One day, Peter sat alone in a garden. He looked unhappy - very unhappy. A woman sat beside him. 'Hey boy,' she said, 'why are you sitting alone?'

'My classmates called me "Girly" because I dance. Why can't boys dance?' said Peter.

'Boys can dance. If you want your dream to come true, don't care about other people's words, and don't give up!' said the woman. Peter smiled.

Everyone called Peter 'Girly'. But he didn't care. He practised a lot. On the day of the show, Peter performed his dance. Everybody was surprised at his performance. Peter danced like a butterfly. All of the people clapped their hands when Peter finished his performance. Peter was proud of himself. He was proud of his talents. He was proud that he didn't give up.





6C Chloris Choy Perseverance

Once upon a time, in a kingdom called Helios, there was a famous magic school for wizards to learn how to use different kinds of magic. But in this kingdom, only nobles could learn how to use magic, until a maiden, called Violet, changed everything.

Violet's parents were servants. They served in a noble family, where she met a girl named Carry from this family, and they became best friends. Violet had had a dream of becoming the top wizard in the kingdom since she was small. Therefore, she decided to change the law that only nobles could learn how to use magic.

With Carry's help, Violet went into the magic school disguised as a noble. She started to learn magic when she was thirteen. Unfortunately two years later, Violet's true identity had been discovered by her classmates. And she was immediately kicked out of the school. She felt very angry and sad. However, she didn't give up on her dream. She told herself that one day she would be able to shout out to the world and tell everyone that even poor people like her could learn magic. So she asked Carry to record everything that the teachers said in class for her so she could listen and study. She also went to libraries and studied spell books at weekends. Every day she worked harder than anybody else.

Five years later, Violet entered the national magic competition. She defeated all the contestants and became the champion of the competition. At the award ceremony, she told everyone that she was from a poor family and she was able to come up onto stage that day because she didn't give up on her dream. The king was touched. Therefore he changed the law. And from that day on, everybody in the kingdom could learn to use magic.



6A Miran Chan

Perseverance

Once upon a time, there was a girl named Kenzie. She was born into a poor family. Her father didn't have a job because of his sickness, and her mother worked as a janitor in a school.

One day, her father fainted. Kenzie's mother called an ambulance. When the doctor had finished the diagnosis, he said to Kenzie, 'Your father needs surgery, but you need to pay first.' When they looked at the bill, they stood rooted to the spot because it was such a huge amount for them. Kenzie's mother said, 'We'll think about it.'

The next day, Kenzie and her mother decided to sell some lemonade and jam. At first, no one bought the food. Then they tried to sell some cookies. It turned out better but they only earned a little money each day. They wanted to give up but they decided to keep trying. They tried to improve the taste of the cookies and jam. More and more people came to buy. Finally, two months later, Kenzie and her mother had earned enough money for Kenzie's father to undergo the surgery. They decided to continue their business. After taking a rest, Kenzie's father got a job he desired. They finally had a better life. Kenzie learnt that working hard can change one's destiny. If you never give up and keep on trying you can make your dreams come true.



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